

The Weekly Message from Darren Brandon
June 17, 2026
"Rhythm"



In the 17th century, a Dutch physicist named Christiaan Huygens invented the pendulum clock. One day, while two of his clocks hung from the same wooden support, he noticed something strange. Their pendulums began entirely out of step, each keeping its own erratic time. But over the hours, the tiny, invisible vibrations moving through the shared wooden beam nudged them until they settled into a perfect rhythm.

I hear this story as a beautiful image for our journey of faith.

When we keep company with Jesus—when we pray, worship, listen, and serve—our hearts slowly begin to take on a holy rhythm. We are gently drawn into it by the Holy Spirit, who acts as that shared beam, carrying the heartbeat of Christ into our own lives.

Think of Peter on the beach after the resurrection. His heart was completely out of sync with his calling. Having denied Jesus three times, he was carrying a sense of shame and failure. Notice. Jesus didn't begin their reunion with a lecture; He began with breakfast. He simply invited Peter around a charcoal fire. Jesus asked the question that heals: *"Do you love me?"* With each answer, Peter's rhythm was restored. Then Jesus sent him: *"Feed my sheep."*

That is how grace works. First, the Spirit comes near. Then, little by little, we start to love what Jesus loves. We notice the wounded. We make room for the hungry. We become less driven by anxiety and choose to trust.

Keeping company with Jesus doesn't make us lose ourselves; it makes us whole. So today, pause and create space for God to speak to you.

Have a wonderful day. Blessings!

Darren