

THE TOWER



YOUTH FUTURES!

Pages 3-4



IN THIS ISSUE

- THE FAITHFUL DEPARTED2
- IN MEMORY OF2
- YOUTH FUTURES3-4
- CHILDREN'S CHOIR SPRING PROGRAM5
- TWEENS CAMPOUT5
- YOUTH CHOIR COFFEEHOUSE CONCERT5
- SAVE THE DATE FOR SUMMER ACTIVITIES6
- CONFIRMATION SUNDAY 20266
- WESLEY NIGHT7
- RESILIENCE TEAM7
- GAME DAY7
- BLOOD DRIVE REPORT8
- RESOURCE CENTER8
- "EVICTING THE AMERICAN DREAM"8
- MOTHER'S DAY BOOKMARK PROJECT8
- MAY HYMN OF THE MONTH9
- GET CONNECTED - SMALL GROUPS10
- SPAMS MAY LUNCHEON10
- FROM THE SAFETY TEAM11

THE FAITHFUL DEPARTED

William J. Bush - December 6, 2025
 Brian Buchanan - December 21, 2025
 William (Bill) Smith - December 27, 2025
 Pat Miller - February 23, 2026
 Ann Collins - April 19, 2026

IN MEMORY OF ...

To the Boar's Head Festival in memory of Pat Miller,

from:
 Genie Yockey
 Harriet Harper
 Dan & Martha Corrigan

In memory of Jim Moore,

from:
 Woody Turrentine
 Sandy Olds
 Jerry & Linda Osborn

In memory of Nancy Shatterly Bailey,

from Royce & Linda Bailey



WEBSITE: The St. Paul website is our communications hub! To keep up with all the St. Paul news and activities, visit StPaulChurchKY.org. Bookmark it!

Prayer Requests: Send prayer requests or sign up to receive the Prayer Chain by emailing prayer@stpaulchurchky.org. The Prayer Chain is emailed throughout the week as prayer requests are received.

Sunday morning worship livestream

The Sunday morning worship service is now livestreaming on the St. Paul YouTube channel - youtube.com/ - search for StPaulUMCLouKY. Or scan the QR code to the right. Visit our channel and subscribe!



You can also visit the St. Paul website (stpaulchurchky.org) and follow the link on the homepage.



NEXT TOWER DEADLINE!
Thursday, May 21

Youth Futures

by Billy and Janet Sewell, Co-Directors of Youth Ministry



We are headed into a busy season in the life of the Youth Group! May 3 is our last regular Youth Group of the semester before we jump into a time of celebration and transition. One of our favorite nights of the year is the Senior Banquet where we spend the evening celebrating the graduating seniors and their time spent with the group. The highlight is the open mic portion where students (both seniors and the rest of the group) talk about their favorite memories with each other. For some people, it's working together on a mission site that bonds them. For others, it's time spent outside regular youth activities with people who came into their lives because of the church. A common theme of the evening is a story that begins something like "I didn't know this person very well until..." and then they proceed to tell about the random moment that bonded them.

The point of all of this is to say that we couldn't do this without you all! From the big events to the day-to-day, this is only possible because of the support of the St. Paul congregation. Thanks to you, we have a Youth Center where we get to worship on Sunday nights, a kitchen where we can bake cookies to send to college kids, even a whole church building where we are able to play games like hide-and-seek. The Youth Futures fund goes directly to support this group and its recent graduates, but the gifts to St. Paul and the prayers year-round are tremendously important in our week-to-week operations. We are so thankful for everyone's support and look forward to further showing, at Youth Futures Sunday on May 17, how you all have helped impact the students at St. Paul.

Our goal as a youth program is to provide those random moments that bring students closer to each other and closer to God. We do this through regular programming (Sunday mornings, Sunday nights, and Wednesday nights) and events throughout the school year. Our big events, Fall Retreat and Fusion, are the ones we make posters about and tell everyone about. Don't get me wrong, they're fantastic experiences that take time and energy from multiple adults, and the group experiences tremendous growth. It's our smaller events – Lock In, Ice Skating, Putt Putt, etc. – that can be some of the most important for the group because of how they bring people together. Over the years, the group has grown thanks to the students and families being comfortable enough to bring friends to these smaller events and many of these friends have turned into regular youth attendees.



Youth News!



May

- 5/3 - Last Regular Youth
- 5/10 - No Youth (Mother's Day)
- 5/17 - Youth Futures & Banquet
- 5/31 - Senior Sunday

June

Fusion: 6/6 - 6/11

To Donate to Youth Futures:

- Scan code or Vvisit <https://www.stpaulchurchky.org/giving/>
- Click on "Click here to give online."
- Choose "Youth Futures" from the Fund drop-down list.



Support Youth Futures



Let it SHINE!

Children's Choir Spring Concert

May 13, 7:00-8:30pm

St. Paul Gym



We will hear from each of our children's choir groups from age 3 through sixth grade. Celebrate with us as they present music and activities they've worked on throughout the year and receive their choir awards!

Annual Tweens Campout!

for 4th-6th graders

Friday, May 8 -
Saturday, May 9

O'Bannon Woods State Park
Corydon, IN

Meet at St. Paul at 5pm Friday.
We'll be back at noon on Saturday.
\$20 per child

To register your child, please contact Tracy Martin at
tracy@stpaulchurchky.org.

FREE
COFFEE
FREE
DESSERTS

Youth Choir COFFEEHOUSE CONCERT

*Beautiful
Voices*

CHORAL ANTHEMS
SPIRITUALS
SHARING FROM YOUTH
AWARDS AND RECOGNITIONS



MAY 27 - 7PM
St. Paul Gym

SAVE THE DATE FOR SUMMER ACTIVITIES

Youth Fusion Trip

grades 7-12 | June 6-11 | Youth mission/
choir trip to Nashville and Birmingham

Vacation Bible School

age 3 through rising 5th graders
June 15-18 | 6:00-8:00pm

Project Serve

rising 5th-7th graders
June 15-18 | 1:00pm-5:00pm

Music Camp - "Technicolor Promise"

rising 2nd-7th graders
July 13-17 | 9:00am-noon, with performances July 19

Loucon Summer Camp

St. Paul will once again cover half the cost for our students to attend Loucon. The church will reimburse families directly. Once you have completed your student's camp registration, please forward your invoice to youth@stpaulchurchky.org. Within three weeks, you will receive a check for half of the regular, pre-tax tuition. Please send any questions to the email address above.

CONFIRMATION SUNDAY 2026

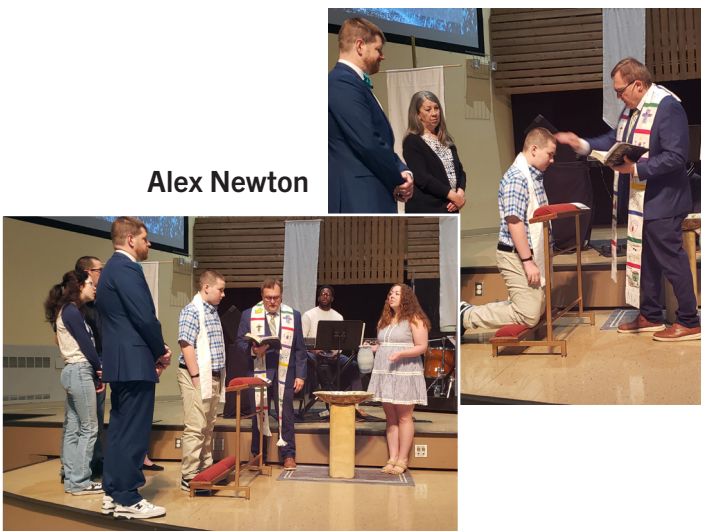
Eli Aten



Juliette Pieroni



Alex Newton



Kayla Martin





Wesley Night is a time for all ages to come together for dinner, deepening of friendships, and drawing closer to the Lord through music, study, and prayer.

Find details on current studies and programs at our website!

Children & Youth

- 6:00-6:30pm Music Milestones (PreK & K) – Rm. 306
- 6:00-6:30pm Gym time and homework help for 1st-6th graders – Gym
- 6:30-8:00pm Youth Jam and Hangout – Youth Center
- 6:30-7:00pm Gym time for age 3-K (bring a trusted adult with you!)
- 7:00-8:00pm Joyful Song (1st-3rd grade) – Room 306
- 7:00-8:00pm Wesleyan Choir (4th-6th) – Room 302

Childcare for ages 5 and under will be available during Wesley Night from 6:30pm-8:00pm in room 200.

Wesley Night kicks off with Dinner

Join us at 6:00pm in McAdams Social Hall to share a meal and conversation with new and old friends alike.

The menu changes week-to-week. You'll find the upcoming menus at our website, as well as the Sunday bulletin.

Please RSVP for dinner at our website or scan the code --->>>



Our final two weeks of Wesley Night will offer:

- May 6 – Story Hour: Coast Guard Rescue and Recovery
- May 13 – Let It Shine Children’s Choir Spring Concert (details on page 4)

THE RESILIENCE TEAM – OFFER OF ASSISTANCE

The Resilience Team continues to focus on building connection and unity throughout our church. The Resilience Team is here to serve. As part of that, we would like to extend a helping hand to the other ministries and groups at St. Paul. If your group needs a helping hand with an upcoming event or activity, please reach out to us to join in. We will help wherever we can. We look forward to supporting each group as we journey forward together.



Game Day

Every last Thursday, 1:00-3:00pm

Game Day | Thursday, May 28, 1-3pm (last Thursday of each month) | All ages and stages are invited to come together for an afternoon playing games, such as Rummy-Cue, Rook, Pit, and more. Bring your friends! If there is a game you enjoy, please bring it with you!



Blood Drive Report

“Power in the Blood” is an old hymn that kind of describes the Red Cross blood drive on April 13. We had 4 Power Red donations that day, the most I can recall & a total of 18 units. Thanks to all the St. Paul folk who took the time to donate. The next blood drive is July 20.

As always, Be Positive (B+)
Ruth Ann Whitehouse

CURRENT RESOURCE CENTER NEEDS

- Men's jeans (esp. small sizes, 29-33)
- Men's shoes (all sizes)
- Men's short-sleeved t-shirts and shorts
- Backpacks
- Large women's clothing (3X and up)
- Bras (esp. larger sizes)
- Reading glasses
- Books, all genres, and large-print Bibles

Our Amazon wish list can be found here: <https://a.co/hULmRMs>

We had 25 wonderful volunteers who served 90 guests at our April Mobile Resource Center!

Mobile Resource Center

at Fourth Ave UMC's
Open Door Community Ministry

Saturday, May 9
10:45am-12:45pm

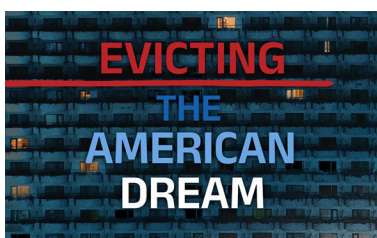


It takes a minimum of 20 volunteers to cover our needs. We'd love to have you join us! You can sign up to volunteer at our website, or you can scan the QR code.



"Evicting the American Dream" Film Screening

"Evicting the American Dream," a documentary produced by Presbyterian Disaster Assistance and Counter Stories Productions, amplifies the voices and



stories of children and families confronting eviction and homelessness. Through additional interviews with pediatric psychologists, social workers, tenant rights organizations, housing authority officials, and eviction lawyers, this film explores the root causes and systemic issues that perpetuate this epidemic.

Thursday, May 14, 2026
7:00-9:00pm (including panel)

Americana Community Center
4801 Southside Dr. Louisville, KY 40214

Mother's Day Bookmark Project

Help us create special "Button Prayer" bookmarks for Mother's Day.



You can be part of this project in two simple ways:

- donate extra buttons you have at home by bringing them by the church office
- join us to assemble bookmarks on May 3 at 10am in McAdams Social Hall.

Thank you for helping us make something meaningful and heartfelt for Mother's Day!

May Hymn of the Month: *How Can I Keep From Singing?*

by Dr. Lori Elbert, Director of Koinonia Worship

Our hymn of the month for May is *My Life Flows on*, better known as *How Can I Keep from Singing?* This hymn first appeared in August of 1868 in the *New York Observer* under the title “Always Rejoicing” and as attributed to Pauline T. In 1868 the United States was in the throes of Reconstruction as the country attempted to reunite after the Civil War. It was a turbulent time of deep division, and yet the poet found hope and a reason to sing in the midst of those troubles. The first stanza reminds us that our lives are not tied to the strife of this life but to the peace and music of heaven, of the Kingdom of God. When we listen, we can hear the music of the Kingdom and hear its echo in our own souls.

The second stanza is my favorite as the poet preaches the Good News to herself and to us. “What though my joys and comforts die? / I know my Savior liveth. / What though the darkness gather round? / Songs in the night he giveth.” To me, this echoes Habakkuk 3:17-18:

Though the fig tree does not blossom
and no fruit is on the vines;
though the produce of the olive fails
and the fields yield no food;
though the flock is cut off from the fold
and there is no herd in the stalls,
yet I will rejoice in the Lord;
I will exult in the God of my salvation.

In the original text, stanza two concludes with, “no storm can shake my inmost calm, / While to that Refuge clinging – / Since Christ is Lord of heaven and earth / How can I keep from singing?” How indeed can we?

This hymn has seen many variations on word and tune. The editors of *The Faith We Sing* broke the stanzas in half and made the second half of stanza two the refrain. They also removed the first half of stanza three (“I lift mine eyes; the cloud grows thin; / I see the blue above it; / And day by day this pathway smooths/Since first I learned to love it”) and finished the hymn with the last half of stanza three.

From the uncertainty of the years following the Civil War to our own days of uncertainty, this hymn speaks to us of the comforts of remembering that God is in control of both history and the circumstances of our individual lives. We can rest in that knowledge and, indeed, rejoice singing.

My life flows on in endless song,
above earth’s lamentation.
I hear the clear, though far-off hymn
that hails a new creation.

Refrain:

No storm can shake my inmost calm
while to that Rock I’m clinging.
Since love is Lord of heaven and earth,
how can I keep from singing?

Through all the tumult and the strife,
I hear that music ringing.
It finds an echo in my soul.
How can I keep from singing? [Refrain]

What though my joys and comforts die?
I know my Savior liveth.
What though the darkness gather round?
Songs in the night he giveth. [Refrain]

The peace of Christ makes fresh my heart,
a fountain ever springing!
All things are mine since I am his!
How can I keep from singing? [Refrain]

The Faith We Sing 2212 Arrangement
https://www.youtube.com/watch?v=PmEx_9LjO-qg&list=RDPmEx_9LjOqg&start_radio=1

Althouse Choir Arrangement
https://www.youtube.com/watch?v=DQenBQMck-i8&list=RDDQenBQMck-i8&start_radio=1

Mackberg Choir Arrangement
https://www.youtube.com/watch?v=OYDNb7r75fg&list=RDOYDNb7r75fg&start_radio=1

GET CONNECTED – SMALL GROUPS

United Women in Faith

Tuesday, May 12 (second Tuesdays)
10:00am, Room 113

As we meet this month, United Women in Faith members worldwide are meeting in Indianapolis, Indiana from May 15-17 at Assembly. We will introduce Assembly themes “Dream It! Believe It! Do It!” Our activity is to develop some dreams for our group. Not just to dream, but use all our gifts in our mission to change lives for women, children and youth. Please join us.

Faith Quilters

Tuesday, May 19 (third Tuesdays)
10am-2pm, Room 100

Faith Quilters gather for fellowship and work every third Tuesday of each month except December. From 10:00am to 2:00pm, we iron, cut, audition, and stitch cotton fabric for quilts. We welcome new participants, experienced at quilting or not. All piecing and quilting is machine sewn.

All of our quilts stay in the local area and are distributed here through Project Linus, a national non-profit organization with chapters in all 50 states.

Prayer Beading Group

Sunday, May 24 (*note date change this month*)
Noon, Common Cup

Prayer beads are given to those who are in the hospital or grieving, as well as new St. Paul members. Making prayer beads is a fun and prayerful way to join in fellowship with others, while creating a compassionate gift for someone in need of support.

Men's Group

Every Other Monday, 7:00pm, Common Cup

The St. Paul Men's group invites participants to walk alongside one another in the Christian faith. The group is open to all men.

Women of the Word Bible Study

Wednesdays, 10:00am, Room 113


Half Truths: God Helps Those Who Help Themselves and Other Things the Bible Doesn't Say

by Adam Hamilton
April 15-May 20

This 6-week DVD study will feature well-known teacher Adam Hamilton exploring popular sayings that miss the point. They are simple phrases: “God helps those who help themselves,” “Love the sinner, hate the sin,” and others. They sound Christian – like something you might find in the Bible. We've all heard these words. Maybe we've said them. They capture some element of truth, yet they miss the point in important ways. Discover the whole truth by comparing common Christian clichés with the wisdom found in Scripture.

Like to know more? Contact Gail Henson at 648-2201 or grhenson@gmail.com or just show up. If you'd like to order a book, you can get it through Amazon or Cokesbury Press.

SPAMS
MAY LUNCHEON
Thursday, MAY 14, 12:00 Noon
McAdams Hall, Cost \$10.00



Images From the Holy Land

How Place and Time Inform
Our Understanding of Scripture

Presentation by Brad Matthews

From the Safety Team

May Is Mental Health Awareness Month

Mental Health Awareness Month is observed every May to raise awareness, reduce stigma, and promote mental wellness across communities. Mental Health Awareness Month was established in 1949 by Mental Health America (MHA) to highlight the importance of mental health, educate the public, and celebrate recovery from mental illness. The observance encourages individuals, organizations, and communities to engage in activities that promote mental wellness, provide support, and advocate for better access to mental health care. Each year, a theme guides the month's focus; for 2026, the theme is "More Good Days, Together", emphasizing connection, support, and shared well-being.

The key objectives of Mental Health Awareness Month include:

- Educating the public about mental health conditions and their impact on daily life.
- Reducing stigma by encouraging open conversations and fostering acceptance.
- Promoting early intervention and access to treatment for those in need.
- Providing resources such as support groups, crisis services, and educational materials.
- Building community and solidarity to reduce isolation for individuals facing mental health challenges.
- Advocating for improved policies and better access to mental health care.

Individuals and organizations can take part in Mental Health Awareness Month in various ways:

- Sharing personal stories to inspire connection and reduce stigma.
- Using social media campaigns with hashtags like #MyMentalHealth to raise awareness.
- Hosting or attending events such as workshops, webinars, or community discussions.
- Promoting mental wellness practices including self-care, mindfulness, and stress management.
- Supporting advocacy efforts to improve mental health resources and policies.

If you or someone you know is struggling, help is available:

- Call or text 988 or chat at <http://988lifeline.org> for immediate support.
- Find treatment providers via <http://FindTreatment.gov> or SAMHSA's National Helpline at 800-662-HELP (4357).
- Connect with local NAMI affiliates for support groups, programs, and volunteer opportunities. Mental Health Awareness Month serves as a reminder that mental health is essential to overall well-being, and that everyone can play a role in fostering understanding, empathy, and support within their communities.

Source: Mental Health Awareness Month | SAMHSA

Retrieved 4/15/26

Do you like to...
greet church family and friends; and meet new people?

If so, the St. Paul Safety Team needs you!

Do you have...
law enforcement and/or medical experience that you would like to share should an emergency arise at St. Paul?

Contact:

Rod Kincaid, Chair, St. Paul Safety Team
Email: Rodkincaid@hotmail.com

Are you...
observant about your surroundings and people's behavior?

Have you...
ever been told that you are good in a crisis?

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LOUISVILLE, KY 40205
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WWW.STPAULCHURCHKY.ORG



THE TOWER

ST. PAUL UNITED METHODIST CHURCH



Beautifying St. Paul in honor of Earth Day!

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