

# THE TOWER

ST. PAUL UNITED METHODIST CHURCH



Ash Wednesday  
February 18

Service details, page 5



**St. Paul**

UNITED METHODIST CHURCH

VOLUME 73, ISSUE 2 // FEBRUARY 2026



## IN THIS ISSUE

|   |    |
|---|----|
| THE FAITHFUL DEPARTED .....                   | 2  |
| IN MEMORY OF .....                            | 2  |
| SUNDAY MORNING LIVESTREAM .....               | 2  |
| LEADERSHIP ORIENTATION .....                  | 2  |
| THE FACES OF THE LEAST OF THESE .....         | 3  |
| WESLEY NIGHT .....                            | 4  |
| EPIPHANY SERIES .....                         | 5  |
| LENT BEGINS .....                             | 5  |
| FROM THE SAFETY TEAM .....                    | 5  |
| VALEN-KIND PARTY .....                        | 6  |
| DIAPER DRIVE FOR MIHOW .....                  | 6  |
| FIFTH STOP HUMAN TRAFFICKING CONFERENCE ..... | 7  |
| FEBRUARY HYMN OF THE MONTH .....              | 7  |
| GET CONNECTED: SMALL GROUPS .....             | 8  |
| UMC CONSTITUTIONAL AMENDMENTS .....           | 8  |
| YOUTH NEWS .....                              | 9  |
| CONFIRMATION .....                            | 9  |
| KIDS NEWS .....                               | 9  |
| TRUSTEES REPORT .....                         | 10 |
| RESOURCE CENTER .....                         | 11 |
| A TASTE OF THE HIGHLANDS .....                | 11 |



**WEBSITE:** The St. Paul website is our communications hub! To keep up with all the St. Paul news and activities, visit [StPaulChurchKY.org](http://StPaulChurchKY.org). Bookmark it!

**Prayer Requests:** Send prayer requests or sign up to receive the Prayer Chain by emailing [prayer@stpaulchurchky.org](mailto:prayer@stpaulchurchky.org). The Prayer Chain is emailed throughout the week as prayer requests are received.

### Sunday morning worship livestream

The Sunday morning worship service is now livestreaming on the St. Paul YouTube channel - [youtube.com/](https://youtube.com/StPaulUMCLouKY) - search for StPaulUMCLouKY. Or scan the QR code to the right. Visit our channel and subscribe!

You can also visit the St. Paul website ([stpaulchurchky.org](http://stpaulchurchky.org)) and follow the link on the homepage.



St. Paul YouTube



## THE FAITHFUL DEPARTED

William J. Bush - December 6, 2025

Brian Buchanan - December 21, 2025

William (Bill) Smith - December 27, 2025

## IN MEMORY OF ...

### Brian Buchanan

from the following:

Matt & Alice Alt

Julia Mitchell

Pat Owen

Del Marie Vaccaro

Stephen Voigt & Weslie Willis-Voigt

Harvey & Carolyn Matheny

Betty & David Smith

Carol & Arthur Donovan

Steve & Jen Giacobbe

Rosie & Joe Catera

Dennis & Mary Polter

Bob & Marg Suffill, to Youth Futures in Brian Buchanan's memory

Pamela Temple Jennings, to Boar's Head

Festival in Brian Buchanan's memory

## NEXT TOWER DEADLINE!

Thursday, February 19



**The church offices will be closed Monday, February 16, for President's Day.**

## RESCHEDULED

### Leadership Orientation

**New Date: Sunday, February 1, 6-8pm**

Please mark your calendars and join us for our Leadership Orientation. We'll begin with a meal in room 100 and conclude in the sanctuary. This gathering is for anyone who is on one of the administrative or ministry teams. If you have an interest in serving or questions about this gathering, please email [Darren@stpaulchurchky.org](mailto:Darren@stpaulchurchky.org).

# THE FACES OF THE LEAST OF THESE

by Sara Ferebee, Director of Communications and Outreach



## Mr. D

I saw him slouching in a chair near the door; his head hung low and despair washed over his face. Mr. D looked defeated, like something had just drained the last drop of hope from his body. A fellow volunteer told me his bike had been stolen while he was gathering needed items from our Mobile Resource Center. I asked if he had a place to stay; he said he was homeless and his bike provided daily transportation to his job. **Mr. D is the face of the working homeless.**

*Studies have shown that anywhere from 40-60% of those experiencing homelessness have a job - often more than one job. But their income is insufficient to cover rent.*

Fortunately, Mr. D had recently secured a room at the Arthur Street Hotel (ASH), a transitional living space that helps remove barriers to permanent housing. But now, he had no way to get to ASH. Someone offered to take him to a bike shop, and I told him we (the Resource Center) could help with some of the cost of the bike. A glimmer of hope returned to his face. He was very humble and appreciative. Ultimately, a women's group looking for a mission project covered the cost of the new bike.

*"I was a stranger and you invited me in." Matthew 25:35*

## Ms. D

While I was finishing up with the plan to get Mr. D a new bike and a ride to ASH, a volunteer tapped me on the shoulder and said there was a woman who needed help. Ms. D (no relation to Mr. D) was seated on a walker in the hallway, struggling to breathe. I asked if she wanted us to call an ambulance, but she said she had just left the hospital after spending a week there with pneumonia. She didn't understand why they discharged her. Not only was her breathing labored, but she was ice cold. **Ms. D is the face of the medically-fragile homeless.**

*People experiencing homelessness are much more likely to visit an Emergency Department due to lack of access to primary care services, limited or no medical insurance, or exposure to the elements, disease, malnutrition, and violence. They are often discharged from hospitals with nowhere to go.*

Ms. D had walked from the hospital, trying to get to a shelter where a bed was reserved for her. For a healthy person, that walk would have taken over an hour. When she happened upon Fourth Ave UMC, just as the Mobile Resource Center was ending, she was about halfway to her destination. The temperature that day hovered around 32°. She was weak and kept saying that God had led her to us. Several volunteers jumped in to help, getting her

into a warmer space and providing blankets, dry clothes, and hot coffee. We warmed her feet in a blanket, rubbed her icy hands with ours, and wrapped her in our arms to share some body heat. Then one of the volunteers gave her a ride to the shelter, where they called her by name and took her into their care.

*"I was sick and you looked after me." - Matthew 25:36*

## Mr. C

During our weekly Resource Center hours at St. Paul, Mr. C is a regular visitor. He is unsheltered and frequently needs food, clothing, and companionship. One day, I found Mr. C sitting on the bench. His head hung low, and he was crying. I sat next to him and asked what was wrong. He said that there was nothing left for him here; he wanted to leave Louisville and try somewhere else. He had been searching for a job, but he has a felony on his record, making it hard to find employment. "I want to pay my child support ... I do... but no one will hire me." He was despondent and hopeless - feeling imprisoned by a system that held him down. **Mr. C is the face of chronic homelessness.**

*According to the Urban Institute, those who have been incarcerated once are 7 times more likely to experience homelessness. Those released from jail often end up on the streets, where they can then be arrested for sleeping in public, creating a vicious cycle that creates additional barriers to employment and housing.*

I told Mr. C about a couple of resources he might be able to consult for assistance. I connected him with David Smilie, Executive Director of Louisville Outreach for the Unsheltered. After we chatted and prayed together, Mr. C was visibly calmer and became more hopeful. He had to make his way to a library for access to WiFi to make phone calls and check email. The obstacle of getting to the library could make some give up. But a day later, David reached out to me to say that he had spoken with Mr. C and connected him with another resource that might be able to help. Simply knowing there were people who cared gave Mr. C the courage and hope to keep moving forward. During my most recent encounter with him, he told me he had a job interview.

*I was in prison and you came to visit me." - Matthew 25:36*

As Christians, we are called to show compassion and help those in need, without judgment. How can you be the hands and feet of Christ for someone in need today?



Wesley Night is a time for all ages to come together for dinner, deepening of friendships, and drawing closer to the Lord through music, study, and prayer.

**Find details on current studies and programs at our website!**

## Children & Youth

- 6:00-6:30pm Music Milestones (PreK & K) – Rm. 306
- 6:00-6:30pm Gym time and homework help for 1st-6th graders – Gym
- 6:30-8:00pm Youth Jam and Hangout – Youth Center
- 6:30-7:00pm Gym time for age 3-K (bring a trusted adult with you!)
- 7:00-8:00pm Joyful Song (1st-3rd grade) – Room 306
- 7:00-8:00pm Wesleyan Choir (4th-6th) – Room 302

Childcare for ages 5 and under will be available during Wesley Night from 6:30pm-8:00pm in room 200.

## Wesley Night kicks off with Dinner

Join us at 6:00pm in McAdams Social Hall to share a meal and conversation with new and old friends alike.

The menu changes week-to-week. You'll find the upcoming menus at our website, as well as the Sunday bulletin.

Please RSVP for dinner at our website or scan the code --->>>



**Adult Programs - 7:00pm in McAdams Social Hall - Details in article below.**

## Wesley Night: Sharing Our Story on the Lenten Journey

At the heart of this semester's **Wesley Night** gatherings is a simple but powerful practice: sharing our story. When we tell our stories – where we've been, what we've learned, how we're still growing – we discover that faith is not abstract. It is lived, walked, questioned, practiced, and renewed over time.

That's also the heart of Lent.

Lent is not about instant answers or quick fixes. It is a season of reflection, honesty, and attentiveness—a journey that invites us to notice how God has been at work in our lives and listen for how where God may be leading us next. In other words, Lent invites us to listen to our lives and to one another's stories with greater care.

Wesley Night offers several opportunities to do just that:

- **January 14 & 21 – Sharing Our Story: Part Two**  
We continue our conversation about the faith stories that shape us.
- **January 28 & February 25 – Lent: Meanings and Practices**  
Together we'll explore the purpose of Lent and

practices that help us live the season faithfully, not as obligation but as invitation.

- **February 4 – Camino Stories**  
Sarah and Brandon Orr Aten will share about their experience walking the Camino de Santiago, a pilgrimage that beautifully mirrors the spiritual journey many of us recognize in our own lives.
- **February 11 – Writer's Night**  
Denny Edge will read from his book *Reflections On My Life*, reminding us that putting our story into words can be a sacred act. Books will be available.
- **February 18, 7:00 pm – Ash Wednesday Worship**  
We gather to begin Lent together—marked with ashes, rooted in grace, and reminded that our stories are held by God.
- **February 25 – Writer's Night**  
Paul Wesslund writing includes books, articles and advocacy. He will share from his favorite writings. Books will be available.

Wesley Night is not a lecture series; it's a shared experience. Whether you come ready to speak or simply to listen, your presence matters. This season, let's walk the Lenten journey together—one story at a time.



## *Following the Light: Epiphany Sermon Series Continues*

Epiphany is a season of light—light that reveals, guides us, and transforms. Our worship journey, called ***Following the Light***, continues through February 15.

Following the light of Christ is not a single moment—it's a journey. Together, we will explore what it means:

**February 1:** "Blessings"  
**February 8:** "Salt and Light"  
**February 15:** "Changed"

Each week, we'll reflect on how the light of Christ meets us where we are and gently leads us forward—step by step, day by day.

Whether you're just beginning your faith journey or have been walking with Christ for a long time, this season is an invitation to follow and be formed by God's grace.



## **Lent begins on Ash Wednesday, February 18**

Lent is the 40 days (not counting Sundays) leading up to Easter, beginning with Ash Wednesday. Lent is an opportunity to examine our lives. Lent is a time of letting go of what is behind and holding fast to what God promises to do in our lives. The scriptures invite us to "*Draw near to God and God will draw near to you.*" (James 4:8)

### **Ash Wednesday Schedule**

12:00-12:30pm – Noon Service with Ashes (Sanctuary)  
6:00pm – Dinner (Reservations required)  
7:00pm – Evening Service with Ashes and Fire Ring (Sanctuary)



*There are no regular Wesley Night activities on Ash Wednesday.*

## **From the Safety Team**

### ***Do you like to...***

greet church family and friends; and meet new people?

### ***Do you have...***

law enforcement and/or medical experience that you would like to share should an emergency arise at St. Paul?

### ***Are you...***

observant about your surroundings and people's behavior?

### ***Have you...***

ever been told that you are good in a crisis?

If so, the St. Paul Safety Team needs you!

Contact:

Rod Kincaid, Chair, St. Paul Safety Team

Email: [Rodkincaid@hotmail.com](mailto:Rodkincaid@hotmail.com)

### **Safety Team Tip:**

Did you know that February is American Heart Month? Below are some quick tips for heart health:

- Stay active.
- Keep weight under control.
- Limit consumption of red meat, sugar, and unhealthy fats.
- Reduce your salt intake.
- Stop smoking.
- Manage stress.

Source: UCLA. 10 Tips for better heart health. <https://www.uclahealth.org/news/article/10-tips-better-heart-health> . Retrieved 1/18/26.

# Valen-kind Party

February 7 • 5:00-7:30pm • St. Paul Gym



*All are invited!*  
*Fun for all ages!*

The St. Paul Resilience Team is hosting another fun-filled church party! Let's come together to celebrate our St. Paul community!

Pizza • Music • Line Dancing  
• Games • Popcorn

Best-Decorated  
Baked Good Contest



**Bring your diaper donations for MIHOW! Details below.**

## Diaper Drive for MIHOW

*(Mothers and Infants Health Outreach Workers)*

February 1-28

MIHOW is a program at Henderson Settlement, coordinated with Vanderbilt University, that provides diapers and other necessities to pregnant women and new mothers in the area as well as transportation to doctors and hospitals. The staff of the program works with 65-70 families of newborns through toddler age children.

St. Paul UMC, through SPAMS, has contributed annually over 3,000 diapers and other items needed for infant care as well as cash for the program. Our record is 4,833 diapers!

Blue tubs will be in the entrance to both buildings during January. Please place packages of diapers and wipes in these tubs. If you prefer, you may write a check to St. Paul UMC, marked MIHOW. All will be delivered to Henderson Settlement in February.



**Most needed sizes:**  
**1, 4, 5, 6, and Pull-ups**  
**Baby wipes also needed.**



# Fifth Stop Human Trafficking Conference

Saturday, February 14

9:30am-12:30pm • McAdams Social Hall

Registration begins at 9:00am

Be Informed.  Take Action.

Free and open to the public.

Light refreshments will be served.

Questions? Email Debbie Chambers,  
[kbc12@yahoo.com](mailto:kbc12@yahoo.com).

Hosted by United Women in Faith

## Speakers:

**Jaime Thompson, MSSW**

Director of Programs

People Against Trafficking Humans (PATH)  
Coalition of Kentucky

**Teena Robinson-Halbig**

UNA-USA KY

**Jennifer Beagle**

Founder and President of Her Hope Kentucky

## February Hymn of the Month: *Come and Find the Quiet Center*

Come and Find the Quiet Center by Shirley Erena  
Murray; The Faith We Sing #2128

*Come and find the quiet center  
in the crowded life we lead,  
find the room for hope to enter,  
find the frame where we are freed:  
Clear the chaos and the clutter,  
clear our eyes, that we can see  
all the things that really matter,  
be at peace, and simply be.*

*Silence is a friend who claims us,  
cools the heat and slows the pace,  
God it is who speaks and names us,  
knows our being, touches base,  
making space within our thinking,  
lifting shades to show the sun,  
raising courage when we're shrinking,  
finding scope for faith begun.*

*In the Spirit let us travel,  
open to each other's pain,*

*let our loves and fears unravel,  
celebrate the space we gain:  
there's a place for deepest dreaming,  
there's a time for heart to care,  
in the Spirit's lively scheming  
there is always room to spare!*

As we move toward Lent, which begins with Ash Wednesday on February 18, we all need space and quiet to shut out the clamor and stress of our world. This quiet and peace is not something that will generally just happen, but something we have to set aside time to find. Our hymn of the month was written in 1992 for a retreat by Ms Murray. Meditating on these words, singing them to ourselves and our families, will give us a tool to settle into the quiet and hear God's voice.

Take a few moments now to meditate on this text, listen to the hymn at the link below. Allow the peaceful melody to draw you close to the presence of God.

[https://www.youtube.com/watch?v=8hHFjJtT\\_lC&list=RD8hHFjJtT\\_lC&start\\_radio=1](https://www.youtube.com/watch?v=8hHFjJtT_lC&list=RD8hHFjJtT_lC&start_radio=1)

# GET CONNECTED – SMALL GROUPS

## United Women in Faith

Tuesday, February 10 (second Tuesdays)  
10:00am, Room 113

United Women in Faith will be preparing for our FIFTH Stop Human Trafficking Conference on Saturday, February 14, from 9:30 a.m. to 12:30 p.m. in McAdams Social Hall. Come get a preview of what great things are in store. No meeting if JCPS is closed due to weather.

## Faith Quilters

Tuesday, February 17 (third Tuesdays)  
10am-2pm, Room 100

Faith Quilters gather for fellowship and work every third Tuesday of each month except December. From 10:00am to 2:00pm, we iron, cut, audition, and stitch cotton fabric for quilts. We welcome new participants, experienced at quilting or not. All piecing and quilting is machine sewn.

All of our quilts stay in the local area and are distributed here through Project Linus, a national non-profit organization with chapters in all 50 states.

## Prayer Beading Group

Sunday, February 8 (second Sundays)  
Noon, Common Cup

Prayer beads are given to those who are in the hospital or grieving, as well as new St. Paul members. Making prayer beads is a fun and prayerful way to join in fellowship with others, while creating a compassionate gift for someone in need of support.

## Men's Group

Every Other Monday, 7:00pm, Common Cup

The St. Paul Men's group invites participants to walk alongside one another in the Christian faith. The group is open to all men.

## Women of the Word Bible Study

Wednesdays, 10:00am, Room 113

### Bible Study on The Names of God

What does a name reveal about a person? What do the many names of God reveal about God's character? Interested in diving deep into God's Word?

All women of every age and stage of life are invited to study this rich topic with the Women of the Word Wednesday Bible study. We're studying Melissa Spoelstra's *The Names of God*, and we'd love for you to join us.

We follow this study, but we also share what we call "God sightings," places where we can see God at work. We also share prayer requests and intercessions for people. We eat well, too.

Like to know more? Contact Gail Henson at 648-2201 or [grhenson@gmail.com](mailto:grhenson@gmail.com) or just show up. If you'd like to order a book, you can get it through Amazon or Cokesbury Press.

## United Methodist Church Passes Constitutional Amendments

By Graeme Donovan, Lay Delegate to Annual Conference

The General Conference of the United Methodist Church in April 2024 proposed four amendments to the Constitution of the worldwide church. They had to be ratified by every Annual Conference to be upheld. When the Kentucky Annual Conference took their vote on ratification in June 2025, there was some debate on the floor about one of those amendments – the one that strengthened the language on the church's determination to oppose racism and combat

it. When I reported on that to St. Paul on Sunday July 6 of 2025, I promised to let the church know the overall outcome of the ratification process. That outcome is now known: I'm happy to report that all four of the proposed amendments were passed decisively by the United Methodist Church worldwide, and will therefore go into effect. If anyone has questions, please contact me at [donovangraeme@gmail.com](mailto:donovangraeme@gmail.com).



# Youth News!



## February

2/1 - Regular Youth  
2/8 - Youth Super Bowl Party & Ice Cream Drop (pick up at halftime)  
2/15 - No Regular Youth - activity after church TBD  
2/22 - Regular Youth

## March

3/1 - Regular Youth  
3/8 - Regular Youth

3/13-14 - Lock In  
3/15 - No Regular Youth (Recover from Lock In)  
3/22 - Regular Youth  
3/29 - Regular Youth

## April

4/5 - No Youth (Spring Break & Easter)  
4/12 - Regular Youth  
4/19 - Regular Youth  
4/26 - Regular Youth

## May

5/3 - Last Regular Youth  
5/10 - No Youth (Mother's Day)  
5/17 - Youth Futures & Youth Lite  
5/31 - Senior Sunday & Banquet (?)

## June

Fusion: 6/6 - 6/11

## Confirmation 2026

### Confirmation Orientation is Sunday, February 1

Confirmation is a sacred milestone in a young person's spiritual journey—a time to explore Christian beliefs, make a personal and public profession of faith, and choose to experience baptism or baptismal renewal. Students seventh grade and up, are invited to join us for a Confirmation Orientation on February 1, at 10:10 in McAdams Social Hall.

At St. Paul confirmation creates space for youth to learn, serve, worship, and grow in community. Classes will be during the Sunday school hour. Students will explore essential elements of faith through lessons on Jesus, scripture, worship, the sacraments, and what it means to follow Jesus and become a church member.

Along the way, youth and their families will participate in meaningful moments including:

- Ash Wednesday Worship on February 18 at 7:00 p.m.
- A Service Project with the Mobile Resource Center
- A Confirmation Breakfast on Confirmation Sunday

Our dedicated team of teachers and leaders walk alongside each student, helping them reflect on their beliefs, ask deep questions, and experience God's love through study, service, and worship. We pray this season of confirmation will help our youth respond to God's invitation with faith and joy. If you would like to attend the Confirmation Orientation, email [Darren@stpaulchurchky.org](mailto:Darren@stpaulchurchky.org)

**4TH-6TH GRADERS**

**2ND & 4TH SUNDAYS  
5-7PM  
SEPTEMBER-MAY**



**ENJOY HANGOUT TIME AND  
A SERVICE PROJECT!**

**DINNER  
PROVIDED!**

St. Paul Church

## St. Paul Easter Eggstravaganza

**Kids**

**Palm Sunday, March 29  
Noon-2pm**

Bounce houses!  
Spin art!  
Easter Bunny!  
Cookie decorating!  
Egg Hunts for all ages!  
Door prizes!  
Crafts!



## St Paul UMC Trustees Report

January, 2026

Staff and Trustees were busy during 2025 making sure our buildings and grounds were cared for so that our mission goals could be met. Listed below are just a few of projects that were completed.

1. The security fence around the chiller site was installed and HMC has been given the go-ahead to replace the chiller. That project will more than likely be completed in the spring.
2. Dauenhauer Plumbing has completed the kitchen project to our satisfaction; cleanup was accomplished by Purofirst. The walls in the kitchen, scullery, and part of the pantry were painted. We were able to move Wesley Night dinners to room 100 during the work. The HCM childcare program used facilities at Douglass Blvd Christian Church for meal preparation.
3. During the work on the kitchen project, it was discovered that the commercial dishwasher needed a pump replaced. That repair was accomplished and the dishwasher is now working properly.
4. Jim Murphy worked on resolving lighting issues. Issues resolved include: replaced 2 flood lights over the sanctuary altar, replaced 4 flood lights over the choir loft, replaced LED lights at the bottom of the stained glass window in the balcony, replaced flood lights in the Mary Martha room, replaced 2 flood lights on the front lawn facing the tower, pulled new wire from the church to the lighting fixtures on the front lawn, replaced light inside the church sign on front lawn, replaced bulb in flood light in lawn by the driveway, replaced two 3-way switches in room 110, replaced ceiling fixture in the Narthex. There is still work to be done on the circuit breaker for the outside lights. Jim is also troubleshooting wiring in some lanterns in the sanctuary. Thank you, Jim!
5. Many other repairs were accomplished by staff, saving the church money.

Other issues are currently being addressed:

1. Highland Roofing has repaired and cleaned some gutters that have been causing leaks.
2. The small elevator is receiving needed repairs.
3. Repairs on the sprinkler system in the gym will take place starting January 23.
4. A contract has been drawn up with Denis Littrell and Associates, Inc to act as contractor for continuing work on the white house.

5. Graeme Donovan has secured funding for 112 solar panels to be installed on the roof of the white house and the roof of the Family Life Center. That work will begin in the spring and will save on electrical expenses in the long run.
6. A Red Cross CPR and First Aide Training session is being scheduled for members of the safety team and all staff members. This training will take place in January or February.

Looking forward to projects in 2026, we need to:

1. Determine landscaping needs and make a long-term plan to address those needs.
2. Clean carpet in McAdams and other areas of both buildings.
3. Determine what needs to be done to improve the Family Life Center. The walls in the entryway, stairway, and outside the gym entrance need to be repaired and painted. The outside of the building needs to be cleaned and painted to prevent deterioration.
4. Replace signage all over our campus. The Communications Team is working on this project.
5. Update and improve some bathrooms.
6. Determine what needs to be done to the drainage outside McAdams Hall to stop water damage to the walls in the room. Repair and paint the walls.

St. Paul buildings receive a great deal of use throughout the week. We have Bible Studies for men and women, Faith Quilters, SPAMS, Prayer Beading, eight adult Sunday school classes, Youth Group, Sunday school for children, four music groups for adults, Youth Choir and three choirs for children. Wesley Nights on Wednesdays average 60 participants. Boar's Head brought so many visitors to St. Paul! Each reception after the performance hosted at least 100 visitors. Plus, we have two worship services each Sunday.

In addition to member activities, St. Paul hosts a number of outside groups each week. The HCM childcare program uses 5 classrooms on second floor plus an office and meets 5 days a week throughout the year. They also use the McAdams kitchen 5 days per week until approximately 2:00, as well as the gym on some days. We have 6 AA groups that meet weekly, a weekly Bipolar/Depression group. GLI AA meets monthly. Boy Scouts meets weekly and Cub Scouts have regular meeting times plus special events. Francis Parker and Highlands Youth Recreation use the gym to practice basketball. We also have various outside

musical programs and rehearsals throughout the year. Families in Transition, a court-ordered program for divorcing parents and their children, holds their programs at St Paul quarterly.

The Resource Center provides food and clothing to unsheltered individuals who show up at our doors on Monday and Wednesdays as well as other unscheduled times. Volunteers spend hours organizing food and clothing in the Resource Center and take resources to Open Door Community Ministry at Fourth Ave UMC one Saturday per month serving 80-100 people during that event.

We are elated that our church is active and serves our community in so many ways. Of course, that means wear and tear on the buildings. Staff and Trustees willingly share the great responsibility of working diligently to care for our buildings and grounds. If you are a member of a group that would like to participate in keeping buildings clean and in good repair, I can get you started. There are lots of projects that can be accomplished by non-professionals.

Submitted by B.J. Fore, Trustees Chair

## CURRENT RESOURCE CENTER NEEDS

- MEN'S JEANS!
- MEN'S COATS!
- Men's Shoes!
- Winter hats and coats
- Sweaters, sweatshirts, and hoodies
- Long underwear
- Blankets (the larger, the better)
- Sleeping bags
- Backpacks
- Bras (esp. larger sizes)

Our Amazon wish list can be found here: <https://a.co/hULmRMs>

**The St. Paul Resource Center is grateful to the Kentucky Annual Conference of the United Methodist Church for awarding us a grant through their Good Samaritan Ministries! These funds will help us streamline our storage, organization, transport, and receipt of all the wonderful donations we receive from you!**

## Mobile Resource Center

at Fourth Ave UMC's  
Open Door Community Ministry

**Saturday, February 14**  
**10:45am-12:45pm**



It takes a minimum of 20 volunteers to cover our needs. We'd love to have you join us! You can sign up to volunteer here: [stpaulchurchky.org/mobile-resource-center/](http://stpaulchurchky.org/mobile-resource-center/)



MARDI GRAS + 21+

# A TASTE OF THE HIGHLANDS

1228 E. Breckinridge St

---

**FEBRUARY 17, 2026 | 5:30 - 7:30 PM**

**\$60 GEN**

Open Bar!  
Unlimited Food Tastings!

**BENEFITING**



Highlands Community Ministries  
grow. heal. play.

**\$75 VIP**

Live Music!  
VIP Bourbon Experience!

Sponsored By:








ST. PAUL UNITED METHODIST CHURCH  
2000 DOUGLASS BLVD.  
LOUISVILLE, KY 40205  
502-459-1595  
[WWW.STPAULCHURCHKY.ORG](http://WWW.STPAULCHURCHKY.ORG)

# THE TOWER

ST. PAUL UNITED METHODIST CHURCH



Musician Jeff Rehmet  
entertains the SPAMS group!



VOLUME 73, ISSUE 2 // FEBRUARY 2026



St. Paul

UNITED METHODIST CHURCH