

The Weekly Message
October 15, 2025
Hopefulness



We can't always know what's going to happen next. We make our plans, but life has a way of surprising us—sometimes in joyful ways, other times through challenges and setbacks.

Hopefulness is seeing possibility in the midst of struggle. Hope is what keeps us moving forward even when things don't work out as we planned. It is like a kite that rises in the wind - lifted higher by the very forces that would bring it down.

What makes someone hopeful? Is it your personality, being an extrovert or introvert, or how you were raised? Some of it may be how we are made, but we can also build a toolbox that helps us cope with life's stresses.

Hopeful people share a few common traits:

1. They focus on what they can change.

They don't waste energy wrestling with what can't be altered. Yet, they believe that abilities and circumstances aren't fixed. With the right focus and effort, things can improve over time. Each day they wake up and look for opportunities to make things better.

2. They care deeply about others.

Hopeful people understand that life isn't lived alone. They show compassion, not to gain recognition, but because love connects us. Healthy relationships are built on both giving and receiving, expressing mutual care.

3. They follow a moral compass.

At the center of hopefulness is a sense of being part of something greater than ourselves. When storms come, people of faith trust that God is always at work even when the next step is not yet clear.

Hopefulness is contagious. May you receive the hope that comes your way and then share it with someone else.

Blessings,

A handwritten signature in black ink that reads "Darren". The script is cursive and fluid, with a large initial 'D'.