

# SMALL GROUPS DIRECTORY





# FAMILIES & CHILDREN

## FAMILY AND CHILDREN'S ACTIVITIES

### CHILDREN'S SUNDAY SCHOOL HOUR

Join us each Sunday morning for classes grouped by age: K-3rd grade and 4th-6th grade. Children make art, play games, act out Bible stories, pray together, and assist with volunteer projects around the church. These opportunities provide them with a variety of ways to experience and internalize the truths about our Christian faith.

**Ages 3-6th Grade**

**Sundays | 10:00-10:45am**

**K-3rd (Room 312); 4th-6th (Room 308)**



### TWEENS

Calling all 4th, 5th, and 6th graders! Come eat dinner, enjoy fellowship time, and participate in service projects!

**Grades 4, 5 & 6**

**Third Sundays, 5:00-7:00pm, room 308**

### SPECIAL EVENTS

Fall Festival in October, Breakfast with Santa in December, Easter Eggstravaganza in March, VBS and Project Serve in June, Music Camp in July. Keep an eye on the St. Paul website and subscribe to the Family and Children's Ministry weekly email for the most current information on family-friendly events! You can subscribe to the weekly email at the Kids page of the website or email Tracy.

## CHILDREN'S MUSIC GROUPS

### MUSIC MILESTONES

This is not a performing choir, but rather a music readiness class. Preschoolers experience the joy of music as they experiment with different sounds their voices make, learn about beat and rhythm, play instruments, and learn new songs. Movement and music games are also a fun and vital part of this experience!

**Age 3-Kindergarten**

**Wednesdays | 6:00-6:30pm | Room 306**



### JOYFUL SONG CHOIR

This choir sings in worship services monthly. They also are taught basic concepts of proper singing and music making. They work on pitch-matching, tone quality, while also allowing time for musical exploration through music games and instruments.

**Grades 1-3**

**Wednesdays | 7:00-7:45pm | Room 306**

### WESLEYAN CHOIR

This choir sings in church monthly. Wesleyan Choir members learn effective singing technique, choral blend, music reading skills and a variety of choral anthems and hymns, as well as learning their important place in worship leadership. They also have fun with movement, music games and a variety of xylophones and rhythm instruments.

**Grades 4-6**

**Wednesdays | 7:00-8:00pm | Room 302**



### CHILDREN & TWEENS CONTACT:

**Tracy Martin,**  
Director of Family and Children's Ministries  
[tracy@stpaulchurchky.org](mailto:tracy@stpaulchurchky.org)

### CHILDREN'S MUSIC CONTACT:

**Karla Temple, Associate Dir. of Music Ministries**  
[karla@stpaulchurchky.org](mailto:karla@stpaulchurchky.org)

# YOUTH



## YOUTH SUNDAY SCHOOL HOUR

**Contact: Janet and Billy Sewell**

The Youth Sunday School hour is dedicated to service projects. Projects could include Resource Center sorting/organizing, prayer beading, card making, managing the Common Cup coffee hour once per month, and more.

**Sundays | 10:00-10:45am | Youth Center**

## YOUTH CHOIR

**Contact: Karla Temple,  
Associate Director of Music Ministries**

The St. Paul Youth Choir includes our 7th-12th grade students who are committed to great singing and worshipping God. This continually expanding choir is for both beginning and advanced singers. The Youth Choir participates in worship frequently, usually once per month. They sing a variety of anthems, from classic to contemporary. The Youth Choir has toured various parts of the United States and even Toronto, Ontario, Canada.

**Sundays | 5:00-6:00pm during school year |  
Choir Room**

## YOUTH GROUP

**Contact: Janet and Billy Sewell**

The St. Paul Youth Group is offered for students 7th grade through 12th grade to connect with God and one another. Through the school year, the youth group meets for activities, small group study, and a time of worship. The elements are integrated to help deliver a cohesive theme for the evening. This is a terrific place for youth to get connected with the youth ministry and bring friends who might be new to the church.

**Sundays | 6:00-7:30pm during school year  
Gym, Youth Center**

## WEDNESDAY YOUTH JAM & HANGOUT

**Contact: Janet and Billy Sewell**

Wednesday nights are a time for fellowship, continuing conversations from Sunday night, and Youth Band. All activities meet in the Youth Center. Youth Band helps lead Youth Group worship and gathers on Wednesday nights to jam together for fellowship and skill development. All instruments, vocalists, and skill levels are welcome.

**Wednesdays | 6:00-8pm during school year  
Youth Center**

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### YOUTH GROUP CONTACT

[youth@stpaulchurchky.org](mailto:youth@stpaulchurchky.org)

### YOUTH CHOIR CONTACT

[karla@stpaulchurchky.org](mailto:karla@stpaulchurchky.org)

### YOUTH BAND CONTACT

[lori@stpaulchurchky.org](mailto:lori@stpaulchurchky.org)



# ADULT MUSIC

## CHANCEL CHOIR

Contact: Dr. Jim McFarland,  
Director of Music Ministries

The Chancel Choir sings at our 11:00am Traditional service. The choir presents a wide range of anthems from the classics to spirituals to contemporary pieces.

Thursdays | 7:15-9:00pm | Room 302

## BELLS OF ST. PAUL

Contact: Dr. Jim McFarland,  
Director of Music Ministries

The Handbell Ensemble is a part of the traditional worship service several times throughout the year. The Bells of St. Paul is a fun, collaborative ensemble at St. Paul. This group is open to all adult musicians.

Wednesdays | 8:00-9:00pm | Room 303

## ORCHESTRA

Contact: Dr. Jim McFarland,  
Director of Music Ministries

St. Paul Orchestra are a part of the Traditional service throughout the year. This inter-generational group is always in need of instrumentalists. To find their current schedule, contact Dr. Jim McFarland.

See Dr. McFarland for details.

## KOINONIA WORSHIP BAND

Contact: Dr. Lori Elbert,  
Director of Koinonia Worship

The Koinonia Worship Band leads worship at the 9am Koinonia Service. The group does a variety of styles of music.

Practice at 7:30am before Koinonia service.



CHANCEL CHOIR, HANDBELLS, AND  
ORCHESTRA CONTACT  
[jim@stpaulchurchky.org](mailto:jim@stpaulchurchky.org)

KOINONIA WORSHIP BAND CONTACT  
[lori@stpaulchurchky.org](mailto:lori@stpaulchurchky.org)



# ADULT GROUPS

## Sunday Morning Groups - 10:00am

### **ALDERSGATE | Room 319**

Contact: Ray Fore, [papa.fore@gmail.com](mailto:papa.fore@gmail.com)

A study of contemporary books written primarily by Methodist authors and pastors. The class also offers socials throughout the year and mission projects.

### **BEING UNITED METHODIST | Room 309**

Contact: Amy Johnson, [amyaleester@gmail.com](mailto:amyaleester@gmail.com)

A class open to all to develop clarity about what it means to be a United Methodist. Materials to be studied include UMC Social Principles and books by various UMC authors. The intent is to help you better understand what United Methodists believe.

### **CONNECTIONS | Room 316**

Contact: Amy Johnson, [amyaleester@gmail.com](mailto:amyaleester@gmail.com)

A women's studies class. Women strive to develop an authentic connection to God and others by studying various authors to find out what matters most, connecting to God.

### **GUYS AND GOD | Library - Room 115**

Contact: Amy Johnson, [amyaleester@gmail.com](mailto:amyaleester@gmail.com)

A men's studies class. Men address the many problems in the World and examine the effect of these problems on their souls. It is a deliberate look at what men believe about God, themselves, and the church.

### **RESILIENT FAITH | Parlor (Room 219)**

Contact: Dr. Julia Mitchell, [julialanemitchell@gmail.com](mailto:julialanemitchell@gmail.com)

The Resilient Faith Sunday school class meets between worship services. Through Scripture and various book studies, we explore examples of suffering and hope as we aspire to have resilient faith. All are welcome to join us for fellowship and discussion.

### **EXPLORATIONS | Room 110**

Contact: Jason Ramsey, [jdramsey321@gmail.com](mailto:jdramsey321@gmail.com)

A themed group that typically begins with a presentation on a book followed by small group discussion. This class also plans various social activities throughout the year.

### **LOVE ONE ANOTHER (LOA) | Room 217**

Contact: Kathy Mynhier, [kathleenmynhier@gmail.com](mailto:kathleenmynhier@gmail.com)

This class comprises individuals from all walks and stages of life. Our structured, Bible-based lessons are varied, never dull, lecture and discussion oriented, and use the talents of outside speakers. We have a heart for charity and outreach and love to socialize. The class is equal parts married and single, always looking forward to welcoming new members.

### **SERENDIPITY | Room 111**

Contact: John Stivers, [jwriterjohn@gmail.com](mailto:jwriterjohn@gmail.com)

Our class is made up of older adults (60 and up) but we welcome anyone who wants to study scripture in an interpretive way. In other words, we look at different modes and slants rather than deciding that "this is the only way to read or hear it." We have spent most of our time in the New Testament but refer back to the Old Testament often since many of Jesus' words are recitations. Although we have some structure, we are open to prayer and discussion on needs as they come up and/or current events.

### **UM FAMILY | Room 305**

Contact: Amy Johnson, [amyaleester@gmail.com](mailto:amyaleester@gmail.com)

A class for parents to discover God's intentions and plans for families. This is an opportunity for parents to share stories and support one another as they navigate family life.

### **VINE & BRANCHES | Room 113**

Contact: Denny Edge, [edge.denzil@gmail.com](mailto:edge.denzil@gmail.com)

A study group facilitated by a rotation of members focused on reading books of the Bible. The class periodically hosts potlucks and service activities.

### **SUNDAY MORNING FORUMS**

Contact: Darren Brandon, [darren@stpaulchurchky.org](mailto:darren@stpaulchurchky.org)

Occasional discussions highlighting our ministry partners or topics of interest to the church family.

**Meets periodically throughout the year**



# ADULT GROUPS

## Small Groups

### CHRISTIAN ACTION GROUP

Contact: Paul Wesslund  
[paulwesslund@gmail.com](mailto:paulwesslund@gmail.com)

Christian Action is group of St. Paul members who focus on making positive changes important to the church and its congregation. It has three primary areas of attention: the climate crisis, the United Methodist Church's doctrine on gay marriage and ordination, and racial justice. The group seeks to live its Christianity by engaging difficult issues in its communities and in the world, in ways that represent St. Paul as vibrant, effective, and inviting.

**Occasional In-Person or Zoom Meetings and Email Discussions**

### FAITH QUILTERS

Contact: Marg Suffill  
[msuffill@berry.edu](mailto:msuffill@berry.edu)

This mission-minded group meets once a month to create quilts together. These quilts are blessed and sent to Project Linus to be distributed to children experiencing trauma.

**3rd Tuesdays | 10:00am | Room 100**

### GUIDED MEDITATION

Contact: Marilyn Stoner  
[marilynstoner@fastmail.fm](mailto:marilynstoner@fastmail.fm)

A meditation group focusing on dealing with stress, and healing of the mind, body, and spirit through the awareness of God's ever-presence and compassion.

**1st & 3rd Wednesdays | 10:30-11:45am | Zoom**

### GUITAR CLUB

Contact: Bob Helvey  
[bob@stpaulchurchky.org](mailto:bob@stpaulchurchky.org)

Guitar Club is a newly-formed group that offers musicians an opportunity to gather for fun and fellowship while playing music together. Open to all and not limited to guitars.

### PRAYER BEADS

Contact: Kim Smith  
[bogglekms@gmail.com](mailto:bogglekms@gmail.com)

This group makes prayer beads for those in need of compassionate care, as well as for new St. Paul members. Protestant prayer beads are a beautiful and tangible way to express love. They are taken on pastoral home and hospital visits, as well as to Hosparus and people on the prayer chain. Donations of old beads and crosses are always welcome and can be given new life as prayer beads. No experience necessary.

**3rd Sunday | 1:00pm | Common Cup**

### SPAMS (St. Paul Adult Ministry for Seniors)

Contact: Glenda Young  
[gkyoung1@bellsouth.net](mailto:gkyoung1@bellsouth.net)

We are a vital group of seniors who meet once a month for service, fellowship, and outreach. Our activities alternate between trips, which usually include a meal, and catered lunches at church with entertainment or lectures. Lunch activities are typically held in McAdams Hall with lunch at noon and guest presenter at 1:00pm. Trip departure times vary depending on location. We do not meet in December. January and February are reserved for service projects.

**Meeting dates/locations vary. More info at:**  
[www.stpaulchurchky.org/seniors/](http://www.stpaulchurchky.org/seniors/)

### YOUNG ADULT GROUP

Contact: Dustin Woods, Associate Pastor,  
[dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org), or Ann Jirkovsky,  
[ajirkovsky@bellarmine.edu](mailto:ajirkovsky@bellarmine.edu)

The Young Adults group is a work in progress. Activities in the past have included some fun outings to various area restaurants and some games and devotions held at church. If you would like to be part of the Young Adults Group or are interested in being part of the planning team, contact Pastor Dustin or Ann Jirkovsky.



# ADULT GROUPS

## MEN'S GROUP

Contact: Dustin Woods, Associate Pastor,  
[dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org)

The St. Paul Men's group's purpose is to invite participants to walk alongside one another in the Christian faith. Members of the group "watch over one another in love", listen to each other's experiences, have Christian conversations, and build relationships with one another. The group is open to all men.

**Every Other Monday | 7:00pm | Common Cup**

## DISCIPLESHIP AND SPIRITUAL FORMATION EVENTS

### EXPLORING ST. PAUL

Exploring St. Paul is a class for those interested in learning more about St. Paul Church. These classes happen periodically throughout the year.

### OTHER OFFERINGS

Wesley Night studies and occasional studies during the Sunday school hour provide additional opportunities to explore our calling as disciples of Jesus Christ.

Throughout the year, St. Paul offers a variety of spiritual formation opportunities. Check the church website or the current issue of the Tower newsletter for more information on upcoming events. Some examples of our spiritual formation programming include:

**Topics in christian living, labyrinth walks, spiritual retreats, and healing services.**

## SERVICE OPPORTUNITIES

### MOBILE RESOURCE CENTER

Contact: Sara Ferebee  
[sara@stpaulchurchky.org](mailto:sara@stpaulchurchky.org)

The Mobile Resource Center offers clothing, shoes, toiletries, and other necessities to guests at the Open Door Community Ministry at Fourth Ave. UMC.

[www.stpaulchurchky.org/mobile-resource-center/](http://www.stpaulchurchky.org/mobile-resource-center/)

**Second Saturdays | 11:00am-1:00pm**

**Fourth Ave UMC, 318 West St. Catherine St.**

## KALEIDOSCOPE

Contact: Betty Jo Fore  
[betty.jo.fore@gmail.com](mailto:betty.jo.fore@gmail.com)

A diverse group of women of all ages who meet monthly for fun, fellowship, mission, and support. Typically, this group features a different speaker every month.

**First Tuesdays | 7:00pm | Youth Center**

## WOMEN OF THE WORD BIBLE STUDY

Contact: Gail Henson  
[grhenson@gmail.com](mailto:grhenson@gmail.com)

A friendly, lively Bible study discussion group for women, based on the Genesis to Revelation commentary series.

**Wednesdays | 10:00-11:30am | Room 113**

## WOMEN'S SPIRITUAL DISCERNMENT

Contact: Cullen Hornaday  
[cullen704@gmail.com](mailto:cullen704@gmail.com)

A discernment group that supports and honors each of our spiritual journeys and callings as followers of Christ in the world. We are committed to welcoming all people into spiritual growth, being open-hearted, and seeking God's presence. Discussions based on books, articles and podcasts. Currently reading The Wisdom Jesus.

**Thursdays | 10:00am-noon | Zoom**

## UNITED WOMEN IN FAITH

Contact: Anna Selle  
[anna\\_jane@msn.com](mailto:anna_jane@msn.com)

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship and education so we can inspire, influence, and impact local and global communities.

**Second Tuesdays | 10:00am | Room 113**

*Don't see what you're looking for?  
Have an idea for a new group?*

Contact Rev. Dustin Woods  
[dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org)





St. Paul United Methodist Church  
2000 Douglass Blvd., Louisville, KY 40205  
502-459-1595 | [stpaulchurchky.org](http://stpaulchurchky.org)

Scan for quick access to  
the website and details on  
current events! --->>>

