

THE TOWER

ST. PAUL UNITED METHODIST CHURCH



Back to School Bash Was a Blast!



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NEXT TOWER DEADLINE! September 21, 2023 at 5:00pm

Submit articles and/or pictures to
Sara Ferebee at sara@stpaulchurchky.org.

THE FAITHFUL DEPARTED SINCE LAST ALL SAINTS DAY

Terry Byers - December 15, 2022
Joyce Lynn - December 24, 2022
Jan Wade - January 4, 2023
Mary Vise - January 17, 2023
Mae Claxon - January 20, 2023
Virginia Dick - February 3, 2023
Kel Thrush - February 13, 2023
Carol Gray - February 24, 2023
Betty Stockdale - February 24, 2023
Glenna Heinz - March 17, 2023
Jane Grise - June 12, 2023
Tom Armstrong - June 13, 2023
Joyce Korfhage Rhea - July 2, 2023
Robert (Bob) Graham - July 17, 2023
Leslie Oakley, Jr. - August 16, 2023
Bill Woofter - August 17, 2023

MEMORIALS

In memory of Bill Woofter,
from
Rachel Kopper
Hannah Rodocker

In memory of Fred Delmenhorst,
from
Tom & Deb Degnan
Edward & Norma Delmenhorst and family

In memory of Les Oakley,
from Ray & Betty Jo Fore

STAY CONNECTED!



WEBSITE: The St. Paul website is our communications hub! To keep up with all the St. Paul news and activities, visit StPaulChurchKY.org. Bookmark it!



Connect with St. Paul Church on [Facebook](#), [Instagram](#), and [Twitter](#).

Prayer Requests: Send prayer requests or sign up to receive the Prayer Chain by emailing prayer@stpaulchurchky.org or by filling out the form at the **St. Paul website**. *The Prayer Chain is emailed throughout the week as prayer requests are received.*



St. Paul Weekly Email - Stay informed!

Stay informed about the news and happenings at St. Paul. Subscribe at our website or email info@stpaulchurchky.org.



Pastor Darren's Weekly Phone Message

Each Wednesday, Pastor Darren sends an uplifting phone message. To receive these calls, email info@stpaulchurchky.org or leave a message at 502-459-1595.

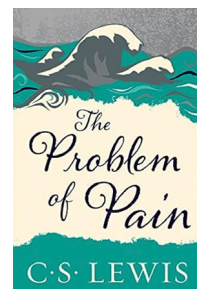
Worship Recordings: Our Sunday morning worship service is video-recorded. Find the recordings at StPaulChurchKY.org/sermons, or follow the link under **Recorded Worship Services!**

Wesley NIGHT

Resumes September 13!

We are excited to begin another semester of spiritual, musical, and discipleship formation. This season promises to continue the great experiences we had in the Spring.

The adult study for the first part of Wesley Night will be led by Rev. Dustin Woods and will cover ***The Problem of Pain***, a book by C.S. Lewis that explores the relationship between our faith, suffering, and other metaphysical topics. Books are available for purchase from the church for \$12.00.



Children's choirs and children's and youth activities will resume on September 13th as well!

Schedule:

6:00-7:00pm - Dinner in McAdams Hall
6:00-6:30pm - Music Milestones (PreK & K) - Rm. 302
6:00-6:30pm - Gym time and homework help for
1st-6th graders - Gym
6:30-8:00pm - Youth Jam and Hangout - Youth Center
6:30-7:00pm - Gym time for age 3-K
(bring a trusted adult with you!)
7:00-8:00pm - Joyful Song (1st-3rd grade) - Room 306
7:00-8:00pm - Wesleyan Choir (4th-6th) - Room 302

Meals for September are as follows:

September 13: Home Cooked Meal Night
September 20: Chick-fil-A
September 27: Pizza Night



Childcare for ages 5 and under will be available during Wesley Night from 6:00pm-8:00pm in room 202.

Please make your Wesley Night dinner reservations no later than Tuesdays at 2:00pm by scanning the QR code above or visiting stpaulchurchky.org/ministries/wesley-night/.

Be on the lookout for Wesley Night emails with additional details and links.

We look forward to seeing you all at Wesley Nights this semester!



St. Paul Church

Kids & Tweens

St. Paul Kids & Tweens Programs!

Sunday School

Grades K-6th | Sundays, 10:00-10:45am
Rooms 308 and 312

We make art, play games, act out Bible stories, pray for each other, and assist with service projects around the church.



Childcare

Infants-PreK | Sundays, 8:45am-12:15pm
Room 200

We provide childcare during our 9am and 11am worship services each week.

Tweens

Grades 4-6 | Third Sundays, 5-7pm
Room 308

Tweens eat dinner, enjoy fellowship time, and complete service projects!



Wesley Night

All ages | Wednesdays,
6-8pm during school year
McAdams Hall, Gym, Choir rooms
Dinner, open gym, adult classes, and choirs for age 3-6th grade!



Special Events

Fall Festival in October, Breakfast with Santa in December, Easter Eggstravaganza in March, VBS and Project Serve in June, Music Camp in July



For more info, contact Tracy Martin at tracy@stpaulchurchky.org.

Save the Date
for our

Fall Festival!

Wednesday, October 18, 6-8pm

Help Us Get Ready!

We are collecting used Halloween costumes to provide for free at the Fall Festival! Please bring any costumes you may have stored in the back of your closets - drop them off in the church office during office hours by October 17.

Also, please email tracy@stpaulchurchky.org if you are willing to decorate your trunk for trunk-or-treat! And, we are collecting candy!





Youth News!

To stay up to date on Youth events:

- Sign up for the Youth email list [here](#)
- Check the Youth Instagram account @stp.youth

General Youth info can be found on the St. Paul [Youth Webpage](#).

Fall Semester Schedule

September

9/3 No Youth (Labor Day Weekend)
9/10 Regular Youth
9/17 Regular Youth
9/24 Regular Youth

October

10/1 No Youth (Fall Break)
10/8 Regular Youth
10/15 Regular Youth
10/18 (WEDNESDAY) Trunk or Treat
10/22 Regular Youth
10/29 Youth Bonfire

November

11/5 Regular Youth
11/10 - 11/12 Fall Retreat @ Loucon
11/19 Regular Youth
11/26 No Youth (Thanksgiving Weekend)

December

12/3 Regular Youth
12/9 (SATURDAY) Breakfast with Santa
12/10 Regular Youth
12/17 Regular Youth (Christmas Themed)
12/20 (WEDNESDAY) Christmas Caroling
12/24 No Youth (Christmas Eve)

January

1/7 Progressive Dinner

*Calendar Subject to change - changes will be sent out in the weekly email

Spring semester calendar coming mid-October!



SPAMS (St. Paul Adult Ministry for Seniors)

Save the Date for these future SPAMS events!

Watch future issues of The Tower, bulletins, and weekly emails for details.

Lunch at the Talbot Inn in Bardstown
October (Date TBD)

Entertainment by Darlene Schulz
Friday, November 10

"A Christmas Carol: The Musical" at Derby
Dinner Playhouse
Friday, December 8

Vision Team Goal: Family, Children, and Youth Ministries

by Allison Olsen

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. -Galatians 5:22-23 (NIV)

All of us know this verse-it describes everything we aspire to be as followers of Christ. It also describes all the attributes that are needed in our Family, Children, and Youth Ministries! One of these fruits of the Spirit has been particularly evident to me as I look back over the last year of these ministries: FAITHFULNESS.

/feyth-fuh/ - belief, trust in and loyalty to God

In May, we welcomed Tracy Martin into the role of Family and Children's Ministries Director. During the summer under her faithful leadership, St. Paul welcomed 46 kids to VBS (including 20 new families!) and 10 Tweens to Project Serve. On August 13, the Back to School Bash was a huge success in getting all our kids, youth, and their families excited about all the opportunities to be involved in St. Paul this new school year.

In July, Karla Temple and Lori Elbert faithfully led 36 kids at Music Camp. This week of Music Camp brought a new family into our St Paul community, as well as 5 new girls indicating their intention to join Youth Group this fall (with 4 of those joining Youth Choir). Throughout the school year, the Children's and Youth Choirs meet every week, and we have the joy of seeing and hearing them perform during our worship services.

Janet and Billy Sewell have been faithfully leading our thriving youth group of 25-30 kids each week this year, while also welcoming their baby boy, Collin Allan Sewell, into the St. Paul family on July 6th! They

led the FUSION choir trip and service project with 22 youth to Carbondale, IL, and St Louis in June, and sent 17 youth to Camp Loucon to grow in their faith.

In addition to these faithful leaders, the entire congregation of St Paul has been faithful in their support through prayer, financial contributions to youth futures, and providing the funds to pay half the fees for our children and youth to attend Camp Loucon!

None of these programs would have been possible without the army of faithful VOLUNTEERS who have given their time, talents, service, and hearts to this precious ministry to our children and youth. Sunday school teachers, Wesley night volunteers, 36 VBS volunteers, 7 adult volunteers who went with the youth on the FUSION trip, 16 youth volunteers at Music Camp, and so many more are necessary to make our Family, Children, and Youth Ministries happen.

At St. Paul, we are seeing the fruits of our faithfulness in the Family, Children, and Youth Ministries. As we celebrate surpassing our goal of 75 families being actively involved at St. Paul in 2023, we will continue to need faithful volunteers, especially Sunday School teachers for the fall who could cover just one week a month. Will you prayerfully consider being one of these faithful volunteers in this ministry? Your help will make it possible for this ministry to continue to grow and thrive!

For more information on this goal, please reach out to Allison Olsen at suomeibraid@hotmail.com. For information on how to volunteer with the Children's Ministry, please contact Tracy Martin at tracy@stpaulchurchky.org.



SCOUTING NEWS FOR 2022-2023

by Bill Fenton, Troop 40

Troop 40 has been busy in the past year. We try to hold one outdoor adventure each month. Most recently, 7 scouts and 3 adults visited the National Scout Jamboree in West Virginia. There were activities and displays from across the country. At the historical displays, two of our scouts earned the Scouting Heritage merit badge.

We are very proud of the FOUR young men who completed their Eagle Scout rank this year. A major component of attaining the rank of Eagle is to plan and supervise a service project. Our scouts' four projects were to re-landscape the Dreams with Wings headquarters, to construct picnic tables for an outdoor classroom, to clean and organize a church storage area in the west end, and to construct large compost bins for Bellarmine University.

Service activities are an important part of Scouting, and we have fun doing them. A big activity every November is the Scouting for Food drive. In 2022 the scouts collected almost 3000 food items from the neighborhood, the bulk of which went to the St. Paul food pantry. We also help St. Paul with putting up and taking down the set for the Boar's Head Festival (though we could use more help!).

A different activity was our June 2023 camp-out at Lincoln State Park in Indiana. The scouts learned

about how Abraham Lincoln grew up, and the values gained through his life and experiences in the frontier. Assistant Scoutmaster Ed McInnis taught how our federal government was formed and reformed as our country grew, and Assistant Scoutmaster Norm Burton assisted scouts as they worked on their Dutch oven cooking skills. This was work toward the Citizenship In The Nation merit badge and the Cooking merit badge. Troop 40 is very fortunate to have highly knowledgeable leaders.

Cub Scout Pack 40 also had a great year. Some highlights were the two family camping trips. At the spring camp-out, cub scouts walked across a burning bridge to celebrate their move to Boy Scouts. The cubs went to Scout Night at the Louisville Bats and camped on the ball field. Our Pinewood Derby was a great success as well and was the first time in recent memory that it was held at St Paul.

Any youth curious about Scouting is welcome to visit us. Cub Scouting is a program for boys and girls in grades K-5, while Scouting is for ages 11-17. Our current Scout troop is entirely boys but we would be happy to start a girls Troop 40. if there is interest.



Women's Fall Bible Study on Mark

Wednesdays from 10:00-11:30am, Room 113, beginning September 113

Women at St. Paul are invited to the Fall Bible study on the Gospel of Mark. We'll be using the established **Genesis to Revelation** curriculum on Mark. The book costs \$13. You can see what it covers here: <https://www.cokesbury.com/Genesis-to-Revelation-Mark-Participant>

Women of the Word is a caring group of women at various ages and stages of life. We have a good time, eat good food, pray for each other, and learn from scripture. If anyone is interested who might need childcare, please let us know.

Mark is the earliest Gospel, so it has a freshness and an urgency to it. The **Genesis to Revelation** series is

rich. This comprehensive 13-session, verse-by-verse, chapter-by-chapter study of Mark uses a three-dimensional approach:

1. The study book helps us answer the question, "What does the Bible say?"
2. The meaning of the passage is made clear by considering such aspects as ancient customs, locations of places, and the meanings of words.
3. Students connect the meaning of the Scripture with their own lives.

If you'd like to be a part of this study and the Women of the Word Wednesday group, call the church office at 459-1595 or contact Gail Henson at grhenson@gmail.com. Hope to see you!

United Women in Faith

United Women in Faith will meet Tuesday, September 12 at 10:00 a.m. in room 113. Our topic this month is working in community toward liberation. We will contemplate Luke 4:18 and role play the story of Jesus and the woman of Samaria (John 4:1-42).



United
Women
in Faith

New Adult Sunday Classes Underway!

Our new adult Sunday morning classes began on August 20. It's not too late to join! Room numbers are listed below and you can stop in any Sunday you are available. You can read more about these and other Sunday adult classes at our website: <https://www.stpaulchurchky.org/sundayclasses/>



Guys and God (Library - room 115)

Connections (Room 316)

Being a United Methodist (Room 309)

UMC Family (Room 305)

Thank You!

I wish to thank the congregation for the love and support you have shown me during the past several months. We went from diagnosis to surgery over a long period of time, it seemed to me. The cards, phone calls, visits and prayers have sustained me. **Great is Thy Faithfulness** is my favorite hymn. God is faithful and you have been faithful. Thanks be to God!

- In Christ's love
Marilyn Helvey



**OPEN
DOOR**
MINISTRY

Mobile Resource Center

at Fourth Ave UMC's

Open Door Community Ministry

Saturday, September 9

11:15am-1:00pm

You can sign up to volunteer here:

stpaulchurchky.org/mobile-resource-center/



Current Resource Center Needs

- **MEN'S SHOES** (especially sturdy shoes and sneakers) in all sizes!
- Blue jeans and casual pants (**especially for men**)
- Men's and women's lightweight jackets
- Men's belts in all sizes
- Women's bras in all sizes
- New underwear and socks always needed
- Gently-used, casual clothing always welcome
- Large shopping bags or reusable totes (larger Kroger delivery/pickup bags are useful)

A list of current needs can always be found on the bulletin board near room 205.

On-the-go food and needs for unhoused members of our community

On Mondays and Wednesdays from 10:00am-1:00pm, unhoused members of the Highlands community are welcome to stop by St. Paul for clothing, toiletries, and food assistance. As you can see from this image, our on-the-go food pantry is quite sparse at the moment, so we could use:

- | | |
|---|---|
| • pop-top cans of ravioli | • energy bars |
| • Vienna sausage (regular flavor) | • other easy-to-eat-on-the-go foods (fruit cups, pudding, etc.) |
| • peanut butter or cheese crackers | • bottled water or Gatorade |
| • pop-top tuna/chicken (or tuna or chicken meal kits) | • Backpacks |
| | • \$5 or \$10 Kroger or McDonald's gift cards |



Prayer Beading Group

Second Sundays in the Common Cup

Our Prayer Beading group will resume on the 2nd Sunday of each month at 1:00pm in the Common Cup, beginning September 10. Prayer beads are given to those who are in the hospital, are grieving, or have joined St. Paul.

We could use your assistance in providing the needed supplies. We have an Amazon wish list where supplies can be ordered and shipped directly to the church. You may also donate any beads or crosses you may have; just drop them off at the church office. Learn more about St. Paul's Prayer Bead Ministry and find a link to the Amazon wish list here: <https://www.stpaulchurchky.org/prayer-beads/>.



Thank you, church family, for your volunteer efforts, prayers, and donations that benefit Smoketown Family Wellness Center. You have been generous and gracious, and we are grateful.

This year's Give for Good is Thursday, September 14! Link to donate:

<https://www.giveforgoodlouisville.org/organizations/smoketown-family-wellness-center>



SMOKETOWN FAMILY
WELLNESS CENTER
Pediatrics & More

We believe that every child should have access to quality healthcare.

When we listen to our families and build partnerships within our community, we foster health and resilience in our children.



WHO ARE WE?

we are a pediatric office offering personal, respectful, comprehensive, evidence-based medical care.

WE UNDERSTAND

it takes more than checkups to raise a healthy family. For this reason we offer:

- behavioral health services;
- food pantry in partnership with Dare to Care;
- free age and developmentally-appropriate books to the community;
- an emergency fund to assist those who need services but don't have the resources.



WE HAVE BUILT

a small, committed, dynamic team to provide top quality care to meet the changing needs of our families.



WE APPRECIATE

donor support as we seek to build on families' strengths and foster resilience among our children and community. Please support our organization on September 14th for a 24-hour period of giving during Give For Good Day Louisville.



THIS YEAR WE

- hired Impact 100 CHAMP Community Health Worker, Kendrea Young;
- transported families with Uber Health and secured funding from Kosair Charities for our own van;
- celebrated 5 years of serving families with a community block party;
- hosted outdoor movie nights;
- Lead Free Louisville session with LMDPHW and IDEASxLab to promote understanding of lead poisoning;
- partnered with Bounce Coalition to educate our staff and the community on ACES (Adverse Childhood Experiences) with a community screening of "Resilience;"
- trunk or treat and support families in need in partnership with Forrester Financial;
- distributed fresh fruits and vegetables to families through Fresh Stop shares;
- Kids Cook with Heart classes with American Heart Association;
- hosted spring break programming with Commonwealth Theatres;
- provided food and gifts for families over the holidays.

September 2023

HEALTH & WELLNESS

Guided Meditation

Wednesdays, 10:30am, Zoom

SUPPORT GROUPS

AA Groups

Mondays at 6:00pm & 7:30pm, Tuesdays at 7:30pm,
Thursdays at 6:00pm, Saturdays at 10:00am &
8:00pm, Sundays at 8:00pm

- GLI AA Meeting

September 14, 6:00pm, McAdams Hall

Depression Bipolar Support Alliance

Tuesdays & Thursdays, 7:30pm, Rooms 110 & 113

FELLOWSHIP & CLASSES

Kaleidoscope Group

Tuesday, September 5, Youth Center

United Women in Faith

Tuesday, September 12, 10:00am, Room 113

Men's Group

2nd & 4th Mondays, 7:00pm, Common Cup

Faith Quilters

Tuesday, September 19, 10:00am, Room 100

New Adult Sunday Classes

Sundays at 10:00am (see page 8 for rooms)

Women of the Word Bible Study

Wednesdays, 10:00am, Room 113

Women's Discernment Group

Thursdays, 10:00am, Zoom

Chancel Choir

Thursdays, 7:15pm, Choir room (302)

OUTREACH

Resource Center Assistance

Mondays & Wednesdays, 10:00am-1:00pm
Available to those in need of basic necessities.

Mobile Resource Center

Saturday, September 9, 11:15am-1:00pm,
Fourth Avenue United Methodist Church

WESLEY NIGHT

Wednesdays, 6:00-8:00pm

Dinner: 6:00-7:00pm, McAdams Hall

Children's Choirs:

Music Milestones (age 3-K), 6:00-6:30pm, Room 302

Joyful Song Choir (Grades 1-3), 7-8pm, Room 306

Wesleyan Choir (Grades 4-6), 7-8pm, Room 302

Open Gym/Homework Help (Grades 1-6), 6-6:30pm

Open Gym (age 3-K with a trusted adult)

Adult Study: 7:00-8:00pm, McAdams Hall

Handbell Ensemble: 8-9pm, Room 303

CHILDREN & YOUTH

Children's Sunday School

Sundays, 10:00-10:45am

K-3rd grades in room 312

4-6th grades in room 308

Tweens

Third Sundays, 5-7pm, Room 308

Scouts

Boy Scouts, Tuesdays, 7:00pm, Gym

Cub Scouts, 1st & 3rd Thursdays, 6:00pm, FLC

Youth Choir

Sundays, 5:00pm, Choir room (302)

Youth Group

Sundays, 6:00-8:00pm, McAdams Hall/Youth Center

ADMINISTRATIVE AND MINISTRY TEAMS

Worship Staff Meeting

Tuesdays at 10:00am, Youth Center

Full Staff Meeting

Tuesdays at 11:00am, Youth Center

Beyond the Walls Team Meeting

Thursday, September 7, 7:00pm, Parlor

**Church administrative office hours are
Monday-Thursday, 10:00am-2:00pm.**

**The church office will be closed Monday,
September 4 for the Labor Day holiday.**

ST. PAUL UNITED METHODIST CHURCH
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THE TOWER

ST. PAUL UNITED METHODIST CHURCH



St. Paul offered a bit of relief to the neighborhood during the August heat wave.

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