

THE TOWER

ST. PAUL UNITED METHODIST CHURCH



A few scenes from
Music Camp 2023 and
a great performance
of "It's Cool in the
Furnace!"



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THE FAITHFUL DEPARTED SINCE LAST ALL SAINTS DAY

Terry Byers - December 15, 2022
 Joyce Lynn - December 24, 2022
 Jan Wade - January 4, 2023
 Mary Vise - January 17, 2023
 Mae Claxon - January 20, 2023
 Virginia Dick - February 3, 2023
 Kel Thrush - February 13, 2023
 Carol Gray - February 24, 2023
 Betty Stockdale - February 24, 2023
 Glenna Heinz - March 17, 2023
 Jane Grise - June 12, 2023
 Tom Armstrong - June 13, 2023
 Joyce Korfhage Rhea - July 2, 2023
 Robert (Bob) Graham - July 17, 2023
 Bill Woofter - August 17, 2023

NEXT TOWER DEADLINE! August 17, 2023 at 5:00pm

Submit articles and/or pictures to
 Sara Ferebee at sara@stpaulchurchky.org.

COMMUNION AVAILABLE FOR THE SICK OR HOMEBOUND

Home communion is available to those who are sick or homebound during the first week of each month. If you would like to receive home communion, please contact a pastor at darren@stpaulchurchky.org, dustin@stpaulchurchky.org, call the church at 459-1595, or contact Gail Henson with the Congregational Care team at 648-2201 or grhenson@gmail.com.



STAY CONNECTED!



WEBSITE: The St. Paul website is our communications hub! To keep up with all the St. Paul news and activities, visit StPaulChurchKY.org. Bookmark it!



Connect with St. Paul Church on [Facebook](#), [Instagram](#), and [Twitter](#).

Prayer Requests: Send prayer requests or sign up to receive the Prayer Chain by emailing prayer@stpaulchurchky.org or by filling out the form at the **St. Paul website**. *The Prayer Chain is emailed throughout the week as prayer requests are received.*



St. Paul Weekly Email - Stay informed!

Stay informed about the news and happenings at St. Paul. Subscribe at our website or email info@stpaulchurchky.org.



Pastor Darren's Weekly Phone Message

Each Wednesday, Pastor Darren sends an uplifting phone message. To receive these calls, email info@stpaulchurchky.org or leave a message at 502-459-1595.

Worship Recordings: Our Sunday morning worship service is video-recorded. Find the recordings at StPaulChurchKY.org/sermons, or follow the link under **Recorded Worship Services!**

GROWING TOGETHER ON OUR FAITH JOURNEY

Karla Temple, Assistant Director of Music Ministries



A few years ago when St. Paul was working with Ministry Architects, we, as staff members, were asked to give thoughtful answers to some questions about our ministries in the church. I find these questions to be thought-provoking and relevant to the life of our church in all stages, so I wanted to share with you my thoughts and answers.

What do you want children/youth/adults to KNOW from growing up/being a member at St. Paul UMC?

I want our children, youth, and adults to know they will always have a place to call home. It is so important in the age in which we live to have a home, a solid foundation, and a grasp of the truths found in the scriptures. It is so vital today to have a biblical worldview as a lens through which to interpret the world around us. I want them to know and believe that the Bible is the inspired word of God and know how important it is to apply God's word to our daily living. *"Let the Word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."* - Colossians 3:16

My deepest desire is that the messages in the Scriptures and songs that I teach will make their way into the hearts of our young people and that they will draw on these biblical truths for years to come.

I also want our youth and children to know that there is no age limit on being a godly example for others. There is also no age requirement for being a worship leader, or for ministering to those around us through the love of Christ. Kids make a difference!

"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."
-1 Timothy 4:12

What do you want children/youth/adults to FEEL from growing up/being a member at St. Paul UMC?

I want our children, youth, and adults to feel a deep sense of belonging, not only in our local church, but in the body of Christ as a whole. I want them to feel valued, treasured, and loved.

I want our young people to feel that they have an important place alongside other believers in our church family, and that we value their input and their leadership. First and foremost, I desire for them to feel a strong relationship with Christ and to know that through ever-changing and difficult times he's the ONE that will never fail them.

What do you want children/youth/adults to DO with their faith as a result of growing up/being a member at St. Paul UMC?

It's my desire that all those in our St. Paul family would have an active and growing faith. We are called to walk in truth and righteousness daily. A stagnant faith is a dead faith. I hope we can all be convicted of sin, have repentant hearts, and grow closer to Christ each day!

For our adults and leaders, it is my hope that we will show our children and youth what an active faith journey should be. We are called to be examples and show them that it's not just enough to say we believe, but that our actions must follow. They learn this as we give them opportunities to serve and as we show examples of that in our own lives as their mentors and leaders.

"What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, 'Go in peace, be warmed and filled,' without giving them the things needed for the body, what good is that? So also faith by itself, if it does not have works, is dead."
- James 2:14-26

Thank you, St Paul family, for being a loving Christian community where we can find Christ and where we can find home and belonging. My prayer is that we will have a burning desire to deepen our faith and to live each day in the example that Christ, our Lord, set for us.

Small Group and Member Engagement - Vision Goal 7

by Gail Henson

Do you like to do puzzles? Each piece is unique, maybe with some odd edges, but each piece becomes part of a greater whole. As part of the St. Paul family, we are those individual pieces of a greater puzzle, and we all fit in to make a dynamic whole.

In this goal, we affirm that, "Every member has a ministry." That's an invitation to plug in, get engaged, and use your puzzle piece at St. Paul. Whether it's helping with Wesley Night or the Mobile Resource Center, joining men's or women's groups, singing in the choir or playing handbells, greeting people, praying for people, teaching or taking a Christian education class, helping with children and youth or visiting the homebound, there's a place for you.

Through getting involved, even in a small way, you'll feel that connection to the larger whole, the body of Christ. Especially since COVID, being connected is even more important for mental, social, and spiritual health. It's also fun, even generative.

In particular, finding a small group can bring friendships and a deep base for support. Small groups abound that you can plug into. Four new adult Christian education classes are being launched in August, thanks to the efforts of Amy Johnson.

At the Information Center and around the church, you will find brochures with ways to engage; there's a small groups directory, as well. So consider this your invitation to get connected at St. Paul! You'll fit right in!



Top row L-R: Men's Group, Faith Quilters, Youth, Safety Team
2nd row L-R: Mobile Resource Center volunteers, Women of the Word Bible Study, Tweens
3rd row L-R: Bells of St. Paul Handbell Ensemble, Chancel Choir, Wesleyan Choir
Bottom row L-R: Prayer Beading Group, SPAMs (senior adults)



"Being United Methodist" Sermon Series

Christians gather in churches of many different names: Catholic, Eastern Orthodox, Presbyterian, etc... St. Paul's History and Identity is rooted in being United Methodist. What does it mean to be a United Methodist in these changing times? What do we value as Christian disciples? How are we being called to refocus and renew our faith? Beginning July 30, join us for sermons by Pastors Darren and Dustin and Rev. George Strunk as we explore possibilities and practices of being United Methodist in modern times.



- | | |
|-----------|--|
| July 30 | "Together As One" |
| August 6 | "An Open Table" |
| August 13 | "A Common Ministry" - Rev. Dustin Woods |
| August 20 | "People of the Book" - Rev. Dr. George Strunk |
| August 27 | "God Cares - Salvation and Acts of Mercy" |

Work for St. Paul!

Administrative Assistant - Are you looking for a part-time work opportunity that includes 13 paid holidays, generous Paid Time Off, competitive salary and friendly people? If so, then St. Paul's Administrative Position may be just what you are looking for. When you are ready to apply, send a cover letter and resume to info@stpaulchurchky.org. We are currently accepting applications and will schedule interviews once the candidates have been selected. You can read the job description here: <https://www.stpaulchurchky.org/job-openings/>



Spiritual Oasis in the Windsong Room

The Windsong Room (room 108) offers a spiritual oasis with books, music, creative inspiration, and a lovely rocking chair for rest and reflection. This room was created with great love and respect in memory of Virginia Watkins, a St. Paul staff member and spiritual mentor to many. It contains many books and resources from her personal collection, as well as other books that have been donated. The room is available to anyone who would like to spend some time in quiet reflection. Books can be checked out for 3-week periods, or they can be enjoyed while sitting in Virginia's beloved rocking chair. There is also a CD player with several meditative CDs to choose from. The room is open on Sunday mornings, and it can be unlocked by any staff member for use at other times. We hope you will make use of this lovely and unique space.



Back to School Bash!

Sunday, August 13

4-8pm



**Join us for dinner and fun as we
kick off the 2023-2024 school year!**

Burgers provided for dinner. Please bring a side dish to share!



*Scan the code for the tentative
schedule and more details!*



**Don't miss the bouncy house, inflatables,
slip & slide, and outdoor games!**

Women's Fall Bible Study on Mark

Wednesdays from 10:00-11:30am, Room 113

Women at St. Paul are invited to the Fall Bible study on the Gospel of Mark. We'll be using the established **Genesis to Revelation** curriculum on Mark. The book costs \$13. You can see what it covers here: <https://www.cokesbury.com/Genesis-to-Revelation-Mark-Participant>

Women of the Word is a caring group of women at various ages and stages of life. We have a good time, eat good food, pray for each other, and learn from scripture. If anyone is interested who might need childcare, please let us know.

Mark is the earliest Gospel, so it has a freshness and an urgency to it. The **Genesis to Revelation** series is

rich. This comprehensive 13-session, verse-by-verse, chapter-by-chapter study of Mark uses a three-dimensional approach:

1. The study book helps us answer the question, "What does the Bible say?"
2. The meaning of the passage is made clear by considering such aspects as ancient customs, locations of places, and the meanings of words.
3. Students connect the meaning of the Scripture with their own lives.

If you'd like to be a part of this study and the Women of the Word Wednesday group, call the church office at 459-1595 or contact Gail Henson at grhenson@gmail.com. Hope to see you!

United Women in Faith

United Women in Faith will meet Tuesday, August 8 at 10:00am in room 113. Two of our members, Deborah Chambers and Glenda Young, will be sharing their adventures in the Holy Land. They attended a tour with other St. Paul members. Anyone is welcome to attend.



United
Women
in Faith

New Adult Sunday Classes - Register Now!

Four new adult Sunday morning classes will be offered, beginning August 20. Please read the descriptions below and register for the class you would like to attend by signing up at the Information Center, scanning the code below, or registering at this link: <https://www.stpaulchurchky.org/adult-class-registration/>

Guys and God

A men's studies class. Men address the many problems in the world and examine the effect of these problems on their souls. It is a deliberate look at what men believe about God, themselves, and the church.

Connections

A women's studies class. Women strive to develop an authentic connection to God and others by studying various authors to find out what matters most, connecting to God.

Being a United Methodist

A class open to all to develop clarity about what it means to be a United Methodist. Materials to be studied include UMC Social Principles and books by a leading UMC authors. The intent is to help you better understand what United Methodists believe.

UM Family

A class for parents to discover God's intentions and plans for families. This is an opportunity for parents to share stories and support one another as they navigate family life.

The first semester of classes will be August 20 through December 10 on Sundays, 10:00-10:50am.



St. Paul United Methodist Church invites you to

SURVIVE *and Thrive*

A Mental Health/Mental Illness Awareness Workshop

Saturday, August 26 • 9:00am-1:00pm

St. Paul United Methodist Church, McAdams Hall

This free workshop is for anyone affected by mental health issues.

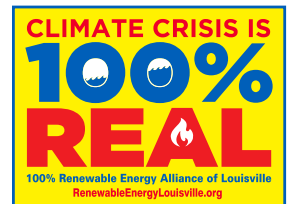
Learn more and register at
<https://www.stpaulchurchky.org/survive-and-thrive/>



REAL Good News

Local Action for Climate Care

A Virtual Conversation



Wednesday, August 23 • 7:00-8:30pm

Geothermal in Louisville!!!

Join the members of **REAL**, the **Renewable Energy Alliance of Louisville**, to learn how *your* home or business can use Earth's heat to save money and the climate.

For more info and a list of speakers, please visit:
<https://www.stpaulchurchky.org/real-good-news/>

Register for this free Zoom event here:

<https://tinyurl.com/4ymxsx5b>

Or scan the QR code for quick access -->>



Sponsored by St. Paul United Methodist Church and Kentucky Interfaith Power and Light



Mobile Resource Center

at Fourth Ave UMC's
Open Door Community Ministry

Saturday, August 12

11:15am-1:00pm

You can sign up to volunteer here:
stpaulchurchky.org/mobile-resource-center/



Current Resource Center Needs

Currently, we have a special need for the following items:

- **MEN'S SHOES** (especially sturdy shoes and sneakers) in all sizes!
- Blue jeans, casual pants, and shorts (**especially for men**)
- Baseball caps or summer hats
- Men's belts in all sizes
- Women's bras in all sizes
- New underwear and socks always needed
- Gently-used, casual clothing always welcome
- Sunscreen and insect repellent
- Large shopping bags or reusable totes (larger Kroger delivery/pickup bags are useful)

A list of current needs can always be found on the bulletin board near room 205.

On-the-go food and needs for transient visitors

On Mondays and Wednesdays from 10:00am-1:00pm, unhoused members of the Highlands community are welcome to stop by St. Paul for clothing, toiletries, and food assistance. As you can see from this image, our on-the-go food pantry is quite sparse at the moment, so we could use:

- pop-top cans of ravioli
- Vienna sausage (regular flavor)
- peanut butter or cheese crackers
- pop-top tuna/chicken (or tuna or chicken meal kits)
- energy bars
- other easy-to-eat-on-the-go foods (fruit cups, pudding, etc.)
- bottled water or Gatorade
- Backpacks
- \$5 or \$10 Kroger or McDonald's gift cards



Blood Drive Results!

The Red Cross blood drive held on Wednesday, July 19 brought in 20 donors for the Shark Week themed event but 5 people were deferred so we ended up with 15 units. We were projected for 14 units so at least we beat that!

Our next drive is . . .
October 31st from 1-5pm (costumes encouraged!).

Thanks for all who gave a pint!

B Positive!
Ruth Ann Whitehouse



SPAMS (St. Paul Adult Ministry for Seniors)

POTLUCK AND GAMES DAY!

Thursday, August 24

12:00pm-3:00pm

Join us in McAdams Hall for a fun afternoon playing games such as Rook, Canasta, Pitt, Bingo, and Mexican Train! We'll have a potluck lunch at 12:00pm, followed by games from 1:00-3:00pm.

Sign up at the Information Center or call the church office at 459-1595.

Save the Date for these future SPAMS events!

Watch future issues of The Tower, bulletins, and weekly emails for details.

Entertainment by Darlene Schultz and Son
September (Date TBD)

**"A Christmas Carol: The Musical" at Derby
Dinner Playhouse**
Friday, December 8

Lunch at the Talbot Inn in Bardstown
October (Date TBD)

Save the Date!

Expressive Avenues Wellness Program Learning HOW to Age® - Level 2

**Tuesdays and Thursdays at 10:00am
beginning September 5**

This class is for those who have completed the Level 1 program, as it will build on the practices learned at that level.

Class limited to 10 participants.

To register, you may contact Glenda Young at 416-2657 or call the St. Paul church office at 459-1595.



August 2023

HEALTH & WELLNESS

Guided Meditation

Wednesdays, 10:30am, Zoom

SUPPORT GROUPS

AA Groups

Mondays at 6:00pm & 7:30pm, Tuesdays at 7:30pm, Thursdays at 6:00pm, Saturdays at 10:00am & 8:00pm, Sundays at 8:00pm

- GLI AA Meeting

August 10, 6:00pm, McAdams Hall

Depression Bipolar Support Alliance

Tuesdays & Thursdays, 7:30pm, Rooms 110 & 113

FELLOWSHIP & CLASSES

United Women in Faith

Tuesday, August 8, 10:00am, Room 113

Men's Group

2nd & 4th Mondays, 7:00pm, Common Cup

Faith Quilters

Tuesday, August 15, 10:00am, Room 100

New Adult Sunday Classes

Sundays, beginning August 20 at 10:00am

SPAMS Game Day

Thursday, August 24, 12:00-3:00pm, McAdams Hall

Women's Discernment Group

Thursdays, 10:00am, Zoom

Chancel Choir

Resumes August 31, 7:15pm, Choir room (302)

OUTREACH

Resource Center Assistance

Mondays & Wednesdays, 10:00am-1:00pm

Available to those in need of basic necessities.

Mobile Resource Center

Saturday, August 12, 11:15am-1:00pm,
Fourth Avenue United Methodist Church

CHILDREN & YOUTH

Children's Sunday School

10:00-10:45am

K-3rd grades in room 312

4-6th grades in room 308

Scouts

Boy Scouts, Tuesdays, 7:00pm, Gym

Back to School Bash

Sunday, August 13, 4:00-8:00pm

Youth Choir

Resumes Sunday, August 20, 5:00pm,
Choir room (302)

Youth Group

Resumes Sunday, August 20, 6:00-8:00pm,
McAdams Hall and Youth Center

SPECIAL EVENTS

REAL Good News: Geothermal in Louisville

Wednesday, August 23, 7:00pm, Zoom

Survive and Thrive: Mental Health Workshop

Saturday, August 26, 9:00am, McAdams Hall

ADMINISTRATIVE AND MINISTRY TEAMS

Worship Staff Meeting

Tuesdays at 10:00am, Youth Center

Full Staff Meeting

Tuesdays at 11:00am, Youth Center

Resilience Team

Sunday, August 20, Noon, Parlor

Finance Team Meeting

Tuesday, August 29, 6:00pm, McAdams

Administrative Board Meeting

Tuesday, August 29, 7:00pm, McAdams

Currently, the main church office hours are Monday-Thursday, 10:00am-2:00pm. The main office is closed on Fridays. This schedule will remain in effect until a new Administrative Assistant has been hired.

ST. PAUL UNITED METHODIST CHURCH
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THE TOWER

ST. PAUL UNITED METHODIST CHURCH



St. Paul Night at the Louisville Bats Game!



St. Paul Church
A UNITED METHODIST COMMUNITY

VOLUME 70, ISSUE 8 // AUGUST 2023