

# THE TOWER

ST. PAUL UNITED METHODIST CHURCH

**104 people enjoyed our  
Back to School Bash!**



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## DEATHS SINCE ALL SAINTS DAY 2021

- Carter Reynolds - November 18, 2021
- Tom Follacchio - November 18, 2021
- David Doyle - November 24, 2021
- John Robert "Bob" Lewis - November 30, 2021
- J.T. Johnston - December 10, 2021
- Glenn A. McCoy - December 12, 2021
- Dorothy "Dot" Kitchen - January 16, 2022
- Harold Fischer - January 19, 2022
- Debi Huff - January 19, 2022
- Ben Wadler - February 18, 2022
- Betty Atcher - April 18, 2022
- Donna Stoess - May 13, 2022
- Ron Sauer - July 21, 2022
- Henry Heimerdinger - August 16, 2022

## MEMORIALS

### For Ron Sauer

by Carl & Glenna Heimerdinger  
Henry & Betty Heimerdinger  
Betty Matthews

## NEXT TOWER DEADLINE!

**September 22, 2022 at 5:00pm**

Submit articles and/or pictures to  
Sara Ferebee at [sara@stpaulchurchky.org](mailto:sara@stpaulchurchky.org).

# STAY CONNECTED!



**WEBSITE: The St. Paul website is our communications hub!** To keep up with all the St. Paul news and activities, visit [StPaulChurchKY.org](http://StPaulChurchKY.org). Bookmark it!



### St. Paul Weekly Email - Stay informed!

Stay informed about the news and happenings at St. Paul. Subscribe at our website or email [info@stpaulchurchky.org](mailto:info@stpaulchurchky.org).



### Pastor Darren's Weekly Phone Message

Each Wednesday, Pastor Darren sends an uplifting phone message. To receive these calls, email [info@stpaulchurchky.org](mailto:info@stpaulchurchky.org) or leave a message at 502-459-1595.



Connect with St. Paul Church on [Facebook](#), [Instagram](#), and [Twitter](#).

**Prayer Requests:** Send prayer requests or sign up to receive the Prayer Chain by emailing [prayer@stpaulchurchky.org](mailto:prayer@stpaulchurchky.org) or by filling out the form at the **St. Paul website**. *The Prayer Chain is emailed throughout the week as prayer requests are received.*

**Worship Recordings:** Our Sunday morning worship service is video-recorded. Find the recordings at [StPaulChurchKY.org/sermons](http://StPaulChurchKY.org/sermons), or follow the link under **Recorded Worship Services!**

# RESTART YOUR DEVICE

Lorie Williamson, Director of Family & Children's Ministry



It had been one of those weeks: school shopping, dorm shopping, grocery shopping, helping one child adjust to college and another to high school, the dog had an unexpected need to go to the vet, and a serious but non-life-threatening family emergency required a trip to the emergency room. After the shopping was complete and fires were under control, I collapsed onto the couch to partake in the all-American pastime of binge watching a show on my favorite streaming device. That's when it happened, the last straw, the final push over the edge - Connection lost. "Restart your device."

At the time I was not happy about those three words. In fact, those three words caused me to tailspin into a temper tantrum making an apology to my housemates inevitable. But as time has passed, my heart has become quite fond of those three words.

During the rebooting process, all the computer's logic is reset. This means that the Central Processing Unit, memory, controllers, and peripherals, such as your monitor, keyboard, and mouse, all receive their reset commands. By wiping away anything that was happening previously, this restart can often fix problems

by resetting things to their "new" state. Of course, this does not mean the problem will not reoccur. But this fresh start often removes the issue, at least temporarily.

Hmm... that sure does sound familiar. Who knew that God's grace and computer rebooting had so much in common!? Although we need not do anything to receive God's grace, there are things we can do to keep close to God to fend off problems from recurring. Keeping in community, daily devotions and prayer, and meditation are all habits that can keep us in step with God and the peace that God brings.

Habits formed early tend to lay groundwork for the rest of our lives. The children's committee has established the programs for the following year with lifelong learning in mind. A comprehensive faith formation journey that supports children and their families so all can reboot when necessary. I invite you to share St. Paul's programs with friends and family alike. Please contact me if you would like to be involved or with any questions you may have.

## Children's Programs - Fall 2022

**Childcare** is provided for both the 9:00 & 11:00 services on Sunday mornings starting at 8:45 for infants-3 years. Children aged 3 by August 1st are encouraged to attend worship and be dismissed after the Children's Moment to go to Children's Church. Childcare is available for any St. Paul event by contacting Lorie Williamson at [loriew@stpaulchurchky.org](mailto:loriew@stpaulchurchky.org).

**Children's Church** will take place every 2nd & 4th Sunday of the month during the 9:00 & 11:00 services. Children ages 3 through 4th grades are dismissed from worship after the Children's Moment to experience age-appropriate worship in their own space.

**Sunday School** takes place from 10:00-10:45 am for children ages 3-6th grades. Children will learn Bible stories over three 6-week sessions throughout the year. As children explore the stories, they will decide how they want to retell what they have learned and then create everything needed to present that story on months that contain a 5th Sunday.

**KICS (Kids in Christ's Service)** takes place from 5:00-7:00 pm every 3rd Sunday of the month for children K - 4th grade. KICS is a service-based curriculum that

promotes being the hands and feet of Christ. Children will have time to have dinner together, play games and learn why we are called to be in service to others by participating in activities that support St. Paul's mission partners as well as others in need throughout our community.

**Tweens** takes place from 5:00-7:00 pm every 2nd & 4th Sundays of the month for children in 5th & 6th grades. This is a time for fellowship, food and fun as we begin to learn how to live out our faith as we grow. Middle school can be a hard transition, who better to teach about that than those that have just experienced it! Our 6th graders mentor their 5th grade friends as they approach this milestone, and we all learn how to put our faith to use as we discuss topics such as changes in our bodies, friends, family, and conflict resolution.

**Wesley Night** is a time for dinner, free play, and children's choirs each Wednesday evening from 6:00-8:00pm. Choirs for preschool, elementary school and tweens take place throughout the evening along with Kid's Klub, a time of free play in the gym before choirs for older children begin.

St. Paul Church

Kids & Tweens

# MEET OUR NEW STAFF MEMBERS!



## Director of Family and Children's Ministry

Lorie, a native of Louisville, originally came to St. Paul with her family nearly 18 years ago after moving back to Louisville from Los Angeles, CA. She and her children have been active members of the church since then. She has served at St. Paul throughout the years as Soprano Soloist in the adult choir, Children's Choir director, and a previous stint as Director of Children's Ministries from 2010-2014. Lorie has undergraduate and graduate degrees in music and has taught privately and in the classroom in both the Louisville and Los Angeles Catholic School Systems. Most recently, she served as Director of Children's Ministries at 2nd Presbyterian Church and is thrilled to be able to return to St. Paul in that capacity as well. Lorie shares her home with her

daughters Elise (20), Sierra (18), and Loren (14), dogs Tammy and Brandi, cat Ella, and Beta fish Vance. Some favorite pastimes are playing Scrabble, badminton, swimming, hiking, going to concerts, and taking the dogs for walks while eating Popsicles. She is extremely excited to be back "home" and is looking forward to learning about God's love with each family in new and exciting ways.



## Financial Administrator

Brooke was born and raised in Louisville. She holds a Bachelor's degree in Accounting from the University of Kentucky and spent her early professional career working for various institutions before becoming a stay-at-home mom in early 2014. Brooke lives with her husband Paul-Victor and their three children - Ava (age 8), Victor & Oliver (both age 5) - in Strathmoor Manor, where she has served as Commissioner for the past five years. She is excited for this opportunity to put her financial skills to use once again at St. Paul! Brooke's start date was August 16.



## New Administrative Assistant

"Hi. My name is Samantha Kern, I am 22 years old and am studying Psychology at the University of Louisville. I am caring, compassionate, and outgoing as well as I love to help others in any way that I can. I am looking forward to working for St. Paul's United Methodist Church and the many adventures that will follow!" Samantha's start date was August 22. After a period of training, we will be expanding church office hours.

*Welcome Reception for New Staff!*  
*Wednesday, September 14 at 6:00pm*

Join us on September 14, during our first Wesley Night of the season, to meet and welcome our new staff members!

# STAFF SPOTLIGHT

## Karla Temple, Associate Director of Music Ministry



Karla Temple is a native Floridian who moved to Louisville in 1994 to attend the Southern Baptist Theological Seminary for a masters degree in church music. She began her job at St. Paul in January of 1996 as a part of her "Supervised Ministry Experience" required for the degree program. She quickly fell in love with St. Paul and its people, and 26 years later she continues to joyfully embrace her position as Associate Director of Music Ministries.



Karla and her husband, Tom, live in Oldham County and are parents of 19-year-old twin boys, Evan (living in Louisville, attending JCTC and working as a mechanic at Oxmoor Toyota) and Nathan (living in Los Angeles, attending LA film school and pursuing a career in music production). Outside of her life at St Paul, Karla enjoys swimming, exercising, reading, and loves being outdoors in the sunshine, especially if there is a beach or pool nearby!



Karla currently assists with chancel choir, directs our youth choir, collaborates in worship planning, and directs/oversees our three children's choirs. She also enjoys planning special services and events. Her favorite part of her job is watching our beautiful youth and children grow in their faith, their love of music, and their love for the Lord.



She feels so very blessed to be a part of the St. Paul community and to have a job and coworkers that she loves with all her heart.

# SPAMS (St. Paul Adult Ministry for Seniors) SEPTEMBER OUTING

The SPAMS will be touring the  
**THRIVE CENTER**

at 204 E. Market Street, Louisville, KY.

*Thrive features technology related to aging.*

**The number for this tour is limited to 14.**

*Thrive determines the number of people attending.*

**Thursday, September 29**

**1:00-3:00pm**

*(board church bus at 12:30pm)*

In the weeks following the Thrive tour, the SPAMS will be hosting a series of classes on wellness, led by Angie Dortch. Watch for more details on this class in the weekly emails and Sunday bulletins.

# WESLEY NIGHT RETURNS SEPTEMBER 14!

**Dinner:** 6:00-7:00pm | McAdams Hall

Register online (link below) or call the church office at 459-1595.



## Children's Music Groups

**Music Milestones** (Ages 3-Kindergarten)

6:00-6:30pm | Room 302

**Joyful Song Choir** (1st-3rd Grade)

7:00-7:45pm | Room 306

**Wesleyan Choir** (4th-6th Grade)

7:00-8:00pm | Room 302

## Children & Youth Activities

**Kids Club** - Free time for kids in grades 1-6

6:30-7:00pm | Gym



**Youth Jam & Hangout** for grades 7-12

6:30-8:00pm | Youth Center

## Adult Study

**Resilience in Life and Faith**

**Book Study & Discussion**

7:00-8:00pm | McAdams Hall

*Details on page 7.*



## Join us for Wesley Night this Fall!

Wesley Night is a time for all ages to come together for dinner, deepening of friendships, and drawing closer to the Lord through music, study, and prayer.

Dinner begins at 6:00pm, followed by activities for kids, youth, and adults. Learn more about these programs and studies and RSVP for the meal at this page:

<https://www.stpaulchurchky.org/ministries/wesley-night/>

Or scan the Flowcode to the right for quick access ----->>>

### September Dinner Menu:

9/14: Chick-fil-A

9/21: Papa Murphy's Pizza

9/28: Eat-A-Pita



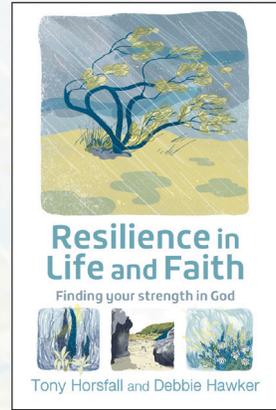
# Wesley Night Adult Study

## Resilience in Life and Faith

Finding Your Strength in God

Beginning September 14 at 7:00pm in McAdams Hall

Led by Dr. Julia Mitchell



Nationally, rates of depression and anxiety among children and adolescents are alarming. The American Academy of Pediatrics has declared emotional health among youth a national emergency. Many adults are also suffering emotionally from the difficulties from the past few years.

ACEs, known as Adverse Childhood Experiences endured during childhood, can lead to a lifetime of health complications if not buffered by protective factors. The number one protection is a supportive, stable, caring, loving adult in a child's life. We can each play that influential role.

Resilience is important in thriving in the midst of adversity, and thankfully, resilience can be developed and strengthened over time. We can all learn skills that help us cope in a healthy way with life's changes, disappointments, and even tragedies.

**As Christians, we espouse a Hope and have access to a Peace that the world cannot manufacture.**

**So how does our faith impact our resilience? And how can we, as Christians, help with this national emergency?**

**Join us this fall as we wrestle together with these questions.**

*Resilience in Life and Faith: Finding Your Strength in God* will be a resource we read together to guide our discussions.

*Books are available for purchase from St. Paul for \$14.00 each.*

Contact Rev. Dustin Woods at [dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org) for more information or to purchase a book.

### Wesley Night Volunteer Help Needed!

Would you be willing to serve on a rotation to volunteer to help with Wesley Night dinners? Volunteers would not serve every week, but on a bi-weekly or (with enough volunteers) monthly basis.

If you are able and willing to help out as a volunteer for Wesley Night, please contact Pastor Dustin at [dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org). Or you can call the v office at 502-459-1595.

Volunteer Opportunities for Wesley Night include:

- Preparing/Serving Food
- Shopping for Side Items (salad etc.)
- Taking up the meal fee from attendees
- Tidying up serving dishes and the kitchen area following the meal
- Helping Tony/Larry to wash dishes



# Mobile Resource Center

## Saturday, September 10

### 11:00am-1:00pm

at Fourth Ave UMC's Open Door Community Ministry

### Current Resource Center Needs!

Sign up to volunteer or access our Amazon and Dollar Days wishlists here: <https://www.stpaulchurchky.org/mobile-resource-center/>

- Sturdy men's shoes are always needed**  
*(all sizes - larges sizes, 12-14, especially needed)*
- Blue jeans for men and women**
- New socks and underwear are always needed**  
*(for men and women in all sizes).*
- Bottled water or Gatorade**
- Laundry detergent (trial size or smaller bottles)**

## Flood Buckets Help Flood Victims in Eastern Kentucky

Because of your generosity my grandson and I recently took 28 flood buckets along with water and non-perishable food supplies to Eastern Kentucky. We made stops in Floyd County at the small community of McDowell and then 30 miles further to Pikeville United Methodist Church. By the way, this is my hometown. The need is continuous and the opportunities for giving are unlimited. Right now the best way to support is monetary gifts and prayer. Our church staff and conference are keeping us informed as to where the needs are greatest. Again, thank you for helping to fulfill the gospel by caring for others with faith in action.  
- Bob Helvey



## Blankets to Comfort Children Affected by the Flooding

On August 17, the St. Paul Faith Quilters blessed 18 quilts they made to be available for the Project Linus response to children affected by the recent floods in eastern Kentucky.

The St. Paul Faith Quilters gather on the third Tuesday of each month to work on quilts for Project Linus, which provides quilts to children who have experienced trauma. Learn more about the Faith Quilters here: <https://www.stpaulchurchky.org/faith-quilters/>



# September Mission Focus: Smoketown Family Wellness Center Give for Good Day Fundraiser

Smoketown Family Wellness Center is a non-profit pediatric clinic that provides comprehensive, evidence-based medical care to children with support for the whole family. That support may mean offering encouragement and affirmation; other times, support means providing food or resources for emotional health needs.

We value building relationships with our families and providing time and space to build trust. We strive to meet our families where they are and address social needs that affect health and well-being.



We offer a variety of programming to benefit our families and the Smoketown community. Programs this year have included homework help in the afternoons, a Friday movie night on the lawn across from the clinic, drama classes offered by Commonwealth Theater, and a heart-to-heart series with conversations with a preventive cardiologist and a licensed clinical social worker as a mental health specialist.

We bill insurance companies for the medical care we provide and have a flat fee for those who don't have insurance. Other services we provide are funded by donations and grants.

Though working at SFWC is the realization of a big dream for me, I have not landed in utopia. We struggle to get the word out about the uniqueness we provide; we need more patient volume; we have a high no-show rate for appointments; we have had our fair share of staffing challenges.

Our passion drives us to persevere, and we depend on donor support and grants to continue our mission.

**Give for Good Day is our one big annual fundraising opportunity though we accept donations year-round. We are grateful for the outpouring of love and support from the St. Paul community and would be honored for you to continue your support this year with individual donations of \$10 or more on Thursday, September 15!**

<https://www.giveforgoodlouisville.org/organizations/smoketown-family-wellness-center>

## Volunteer Tutors Needed at Smoketown Family Wellness Center

Please contact Julia Mitchell ([julialanemitchell@gmail.com](mailto:julialanemitchell@gmail.com)) if you are available and interested in providing homework help for elementary and middle school students this fall at Smoketown Family Wellness Center Mondays-Thursdays 4:30 pm-6:00 pm.\*



Sign up to volunteer here:

<https://www.signupgenius.com/go/10c0f4ca4ae2cabf9c70-smoketown>



# St. Paul Retreat to Recharge and Renew

## Saturday, September 24 • 9:00am-5:00pm

*"Be still and know that I am God." - Psalm 46:10*

When can you just be still? Our busy, often anxious, lives rarely provide time for rest and renewal. Even in doing good, we are fighting schedules and responsibilities every day. Our minds and souls need rest, and sometimes, we just have to schedule it.

With that in mind, the St. Paul Discipleship and Spiritual Formation Team is planning a Fall retreat for Saturday, Sept. 24 at the Mount St. Francis Retreat Center for Spirituality from 9 a.m. – 5 p.m. It is a lovely property, just 15 minutes from downtown Louisville, in Mount St. Francis, IN.



There's no cost for the event, and you can learn more and sign up at this link: <https://www.stpaulchurchky.org/fall-retreat/>



Marilyn Stoner is putting together an agenda to guide us through a gentle day of reflection and discussion, along with creative activities like

journaling, drawing, and time for quiet. We will also explore nature as the center includes 400 acres of hiking trails, through trees, over bridges and around lakes. Rev. Dustin Woods and Debbie Wesslund are joining Marilyn in serving as guides for the event.

We hope it is a time for reflection and renewal, letting go of difficulties of the past and embracing the beauty of God's world and of the life we have been given. As the event gets closer we will provide more details, including plans for lunch and asking for participants to bring snacks to share.



To learn more about the Mount St. Francis facility, please visit: <https://mountsaintfrancis.org>.

If you have questions or suggestions regarding the event, feel free to contact Marilyn at [marilynstoner@fastmail.fm](mailto:marilynstoner@fastmail.fm), Dustin Woods at [dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org), or Debbie at [dwesslund1@icloud.com](mailto:dwesslund1@icloud.com).

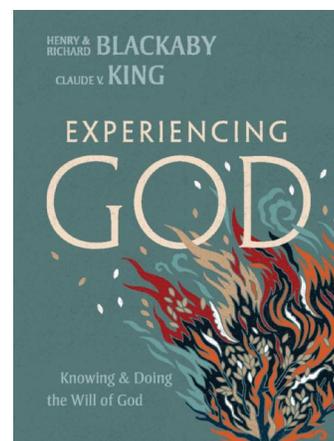
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## The Wednesday Women's Bible study invites all women to join them this Fall!

We'll be studying *Experiencing God: Knowing & Doing the Will of God, Updated and Expanded*, by Henry Blackaby, Richard Blackaby, and Claude King. We'll have a video presentation to provide the foundation for each week's study. The cost of the books is \$15, payable to St. Paul UMC. Our classes will be Wednesdays from 10:00-11:30 in Room 113, starting September 14.

We learn a lot, care and pray for each other, laugh together, and eat good food! If you need a little inspiration and love, we hope you'll join us!

To learn more, please contact Gail Henson at 648-2201 or [grhenson@gmail.com](mailto:grhenson@gmail.com). You can sign up on the sheet outside the church office also.



# Youth News!



## Youth Group is Back!

We are so excited to be back with y'all for the 2022-2023 school year!

All registration forms are online this year! Students, please fill out [this form](#). Parents/Guardians, please fill out [this form](#). It covers the permission form, medical release, and registration form for the year. We will keep the QR codes up in the Youth Center as well. *These forms are available at the St. Paul website as well.*

Our schedule for Sunday nights are as follows:

6:00pm Dinner in McAdams Hall

6:30pm Game time (location varies)

7:00pm Lesson, worship, and small group time

8:00pm-ish end

Exterior doors will remain locked at all times! There will be someone watching the doors from around 5:55 - 6:05. If your student is arriving late for any reason please message someone so that your student does not have to stand outside the door waiting for someone to let them in.

## Sunday Morning Service Projects

We are bringing back service projects during the Sunday School hour!

The Youth are working the Common Cup every first Sunday of the month! We will help refill coffee & donuts and clean up afterwards. And yes, working the Common Cup also means eating donuts!

The Youth Choir will be singing on the second Sunday of the month so those mornings will be game time.

Kim Smith will be leading the youth in prayer beading the third Sunday of the month.



We will rotate projects for the fourth (and fifth) Sundays of the month. These could include projects for the resource center, projects for other organizations, or even projects around the building.

## Fall Schedule:

- 9/4 Labor Day Weekend (No Youth)
- 9/11 Regular Youth
- 9/14 Wesley Night Starts
- 9/18 Regular Youth
- 9/21 Youth Jam & Hangout
- 9/25 Regular Youth
- 9/28 Youth Jam & Hangout
- 10/2 Fall Break (No Youth)
- 10/5 Youth Jam & Hangout
- 10/9 Regular Youth
- 10/12 Youth Jam & Hangout
- 10/16 Regular Youth
- 10/19 Youth Jam & Hangout
- 10/23 Regular Youth
- 10/26 St. Paul Fall Festival / Trunk or Treat
- 10/29 Portland Promise Center Trunk or Treat
- 10/30 Youth Bonfire
- 11/2 Youth Jam & Hangout
- 11/6 Regular Youth
- 11/9 Youth Jam & Hangout
- 11/11 - 11/13 Fall Retreat at Loucon
- 11/13 No Sunday Morning Service Project or Youth Group due to Retreat
- 11/16 Youth Jam & Hangout
- 11/20 Regular Youth
- 11/27 Thanksgiving Weekend / First Sunday in Advent (No Youth)
- 11/30 Youth Jam & Hangout
- 12/4 Second Sunday in Advent / Advent Service
- 12/7 Youth Jam & Hangout
- 12/11 Third Sunday in Advent / Regular Youth
- 12/14 Youth Jam & Hangout
- 12/18 Fourth Sunday in Advent / Progressive Dinner
- 12/25 Merry Christmas! (No Youth)
- 12/28 Boar's Head Dress Rehearsal
- 12/29-12/31 Boar's Head Performances

Schedule subject to change. Sign up for the Youth email, check the Youth Instagram account, or keep an eye on the St. Paul website to stay informed.

To stay up-to-date on Youth events, please:  
- subscribe to our mailing list - at the bottom of the [St. Paul Youth webpage](#):  
- follow @stp\_youth\_group on Instagram

## Attention Recent Graduates!

Are you or your student a recent High School graduate? We want to keep in touch! Please fill out [this form](#), especially if you are a new 2022 graduate or have a change of info (i.e. transferred schools).

# An Update on the Chakenya Family

In April of 2012 we wrote: *Our Refugee family safely arrived on Thursday, April 19 and are settled into their new apartment. Let me introduce you to them. Erasto Mboje Chakenya is from Burundi. He and his wife Viola Ntakarutimana Chakenya fled Burundi in 2001 and lived in South Africa with their 2 young daughters, Believe Mugisha Chakenya, who turned 7 on Dec 9th, and Precious Akeza Chakenya, who will be 2 on June 3rd. Erasto spent many years in Tanzania before leaving Burundi. He attended school in Tanzania, having graduated from high school and beginning but not completing a bachelor degree in Business Administration. He also has a certificate in Land Surveying which he received in Tanzania. He has had work experience as a security guard, a driver, and a land surveyor.*

*Viola completed secondary school in Burundi and received a professional certificate in Early Childhood Education in South Africa where she worked as a kindergarten teacher. She has also worked as a secretary and in sales.*

*Believe and her sister, Precious were born in South Africa. The children speak English and their parents speak, read, and write several languages including English, French, Kirundi (their first language) and Kiswahili.*



Since that time, Erasto and Viola have worked at several places including Walmart and Amazon. They have purchased a home and added two new family members. Benjamin was born in 2014 and Esther-Israelaela was born in 2016. They all became US citizens in August 2017. We recently learned that Erasto has started a trucking company and reached out to him for an update on his family situation. He writes the following:

company and reached out to him for an update on his family situation. He writes the following:

"Hello. All family members are doing well, Viola, and I and all our children thanks you and your family as well as St Paul UMC. Congregation For all your help and sacrifice as well as support rendered us as family to this point. About the trucking company it's just started in operations, it is about a month now. I am doing great so far though still learning more about running business. I am a for hire company hauling general goods all over US. About Viola she is still working with KRM as part time interpreter, she also last week received her BA Associate Certificate in Bible and Theology study, she has been studying online. Believe today was her first day of grade 12. She is doing well her GPA is above 4 points, she will be busy looking for scholarships for her college, we are proud of her for her hard working because given that she is busy with studying yet she is able to work part-time at Starbucks every weekend.

We are also happy to see her third poems book is out, the only challenge we have with her books is Marketing we have not being able to navigate how to sale & Marketing her books which two are hard copy and one online book.

Precious today was her first day of seventh grade at Farnsley Middle School. She is too doing great job and plans to take MST in high school. Benjamin and Esther-Israelaela have a great first day of second grade. Benjamin is seven years turning eight next month and Esther-Israelaela is six years turning seven end of October. They are currently both attending at Crums Lane Elementary school. We thank God for all this blessings. We believe God has big plan for our family. Again thank you for your support financially, spiritually and moral support we are here because of you. May Almighty God bless you abundantly. Erasto."





## Altar Flower Dedications

We have a few openings for dedicated altar flowers. If you would like to sponsor flowers in memory or in honor of a special person in your life or to commemorate a special event, please contact Betty Jo Fore at [Betty.jo.fore@gmail.com](mailto:Betty.jo.fore@gmail.com) or 502 458-2702. Cost is usually \$100, depending upon the type of flowers requested. Open dates as of August 28 are: September 4, 18, October 9, 16, November 27.

## Volunteer Opportunities at St. Paul

### Help distribute Communion during the Koinonia Worship service

Sign up on the sign-up sheet in the gym or by emailing [lori@stpaulchurchky.org](mailto:lori@stpaulchurchky.org).



### Campus Cleanup

We have a small crew of volunteers who help clean up trash around the St. Paul campus. All days are covered except Thursdays and Fridays. This work typically happens in the mornings to help clean up trash left at night.

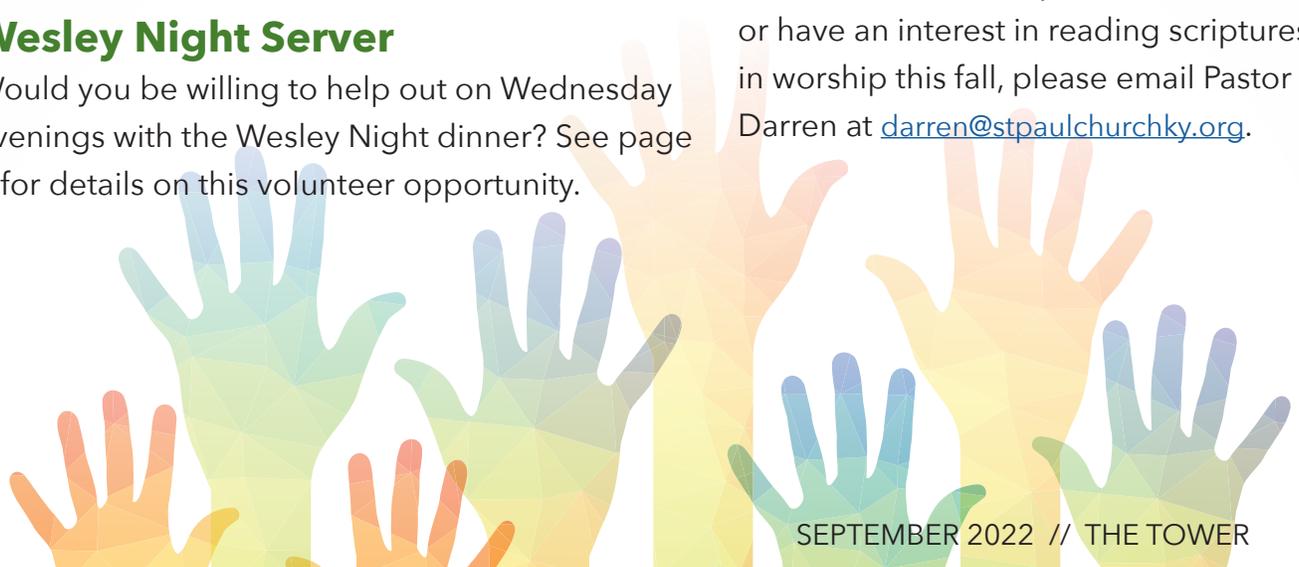
If you are interested in helping, contact Sara Ferebee at [sara@stpaulchurchky.org](mailto:sara@stpaulchurchky.org).

### Wesley Night Server

Would you be willing to help out on Wednesday evenings with the Wesley Night dinner? See page 7 for details on this volunteer opportunity.

### Lay Reading Ministry

Each week in worship we read the scriptures together in all of our services. We are grateful for those who share in this ministry. If you have been a reader in the past, or have an interest in reading scriptures in worship this fall, please email Pastor Darren at [darren@stpaulchurchky.org](mailto:darren@stpaulchurchky.org).



# Vision Team Goal: Participation Outside of Worship

by John Smithers, St. Paul Vision Team Member

**2024 Goal for Outside Worship: 75% of St Paul's average worshipping attendance participates in a recurring activity outside of worship (including small groups, Sunday School classes, Bible studies, etc.) at least once quarterly.**

When we first arrived at St Paul, one thing that impressed me most was how quickly we were "brought into the fold" of the St. Paul Community. We were quickly invited to participate in groups and activities that matched up with our personal interests. To me, the participation of this congregation, beyond Sunday worship was, and still is, very impressive. The congregation continues to be very active and involved in the activities of the church.

Through small group participation we create memories; we bond in Christian fellowship and bring ourselves closer to God. All the while, we are having fun and strengthening our community. The Vision Team believes that the tracking of this goal can provide a good indication of the overall health of the church, as well as an indication of the direction that members would like to take for their own personal spiritual development. We heartily encourage you to join in these activities with us.

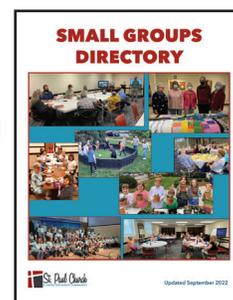
COVID has changed the way that we view small group worship. St. Paul Church has had to adapt the way that many of our small groups actually meet. As small groups begin to re-emerge, post-COVID, many of them support attendance through Zoom virtual gatherings. This is a worship capability that we believe is a part of the new normal and is here to stay. We are well prepared to accommodate it. During lockdown, many of our groups would meet by Zoom exclusively, and many have conducted meetings in a hybrid format of in-person as well as virtual presence.

The incredible success of our Facebook livestream of the Sunday worship service is a perfect example of St Paul's creativity and success with this electronic capability. As reassuring as it is to see all of our friends and neighbors in the pews on Sunday mornings, we are grateful for the technology that allows others in the St. Paul community to attend worship via Facebook Live. We, as a congregation,

can be very proud to celebrate this amazing accomplishment.

In order to quantify the level of attendance in small groups, it becomes necessary to track the attendance numbers of the small Groups as well as the attendance numbers of regular Sunday worship. The St. Paul staff has been totally supportive of this goal and continues to take the needed steps to see that we can provide this tracking information. We are currently looking for the best way to utilize our available tools and staffing to track this goal.

If you are a Small Group Leader, we ask for your assistance in collecting attendance data for your group. Please send your attendance records to Pastor Dustin Woods ([dustin@stpaulchurchky.org](mailto:dustin@stpaulchurchky.org)). If you are looking for a small group or recurring activity to join, we offer a Small Groups Directory that provides an overview of the current activities at St. Paul. Printed copies of this directory can be found around the church, and an electronic version can be found at the St. Paul website (click on "Connect" in the navigation).



On Sunday, October 9 at 10:00, the Vision Team will be hosting a Ministry/Small Group Fair. If you're involved with a ministry or small group, this would be a great opportunity to share with others. If you're looking for a ministry or small group, this will be a great chance to see what the church has to offer. For more information, contact Gail Henson ([grhenson@gmail.com](mailto:grhenson@gmail.com)) or Ed Henson ([edhenson1@bellsouth.net](mailto:edhenson1@bellsouth.net)).

Again, we would encourage everybody to take part in the small group activities that are available at St. Paul. We are sure that you will find them very rewarding and a whole lot of fun!

**Save the Date!**

**Ministry/Small Groups Fair  
October 9 at 10:00am  
in McAdams Hall**

# REAL Good News

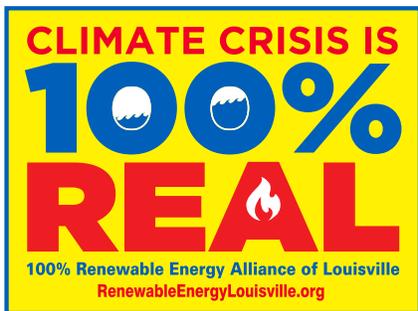
## Local Action for Climate Care

*A Virtual Conversation*

**Wednesday, September 28 • 7:00-8:30pm**

### REAL Solutions to a Real problem

Join the members of REAL, the Renewable Energy Alliance of Louisville, to learn what is working in other cities.



Keynote speaker:

**Rob McCracken,**

Cincinnati Office of Environment & Sustainability

Moderator:

**Sam Avery**

REAL, the Renewable Energy Alliance of Louisville

*Music by John Gage*

Register for this free Zoom event:

<https://tinyurl.com/4v53reh9>

Sponsored by St. Paul United Methodist Church and Kentucky Interfaith Power and Light



## Did You Know?

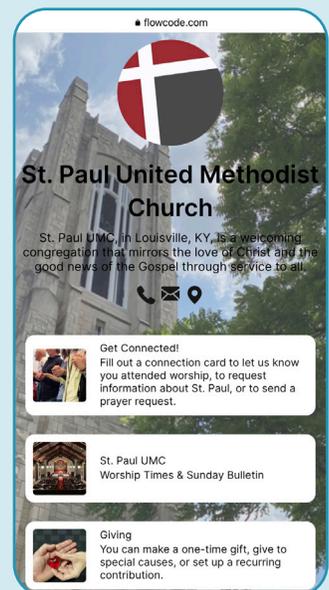
Have you noticed this funny-looking QR code on the bulletin, Tower, posters, and other places around the church?

It's a Flowcode. You can scan it with your smartphone's camera, and you will be taken to our Flowpage, which will provide current links to information about worship services, events, studies, and more. Just turn on your phone's camera, aim it at the Flowcode, and then tap the "Open" option or web address that appears (older phones may require a special app). It's a great way to stay up-to-date on all of the activities happening at St. Paul!



Scan this ↑

... and you'll see this. →



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# THE TOWER

ST. PAUL UNITED METHODIST CHURCH

**Wesley Night Returns  
September 14!**

Dinner and programs for all  
ages. Details on pages 6-7.



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