

THE TOWER

ST. PAUL UNITED METHODIST CHURCH



**The new bells will be ringing for
Homecoming Sunday on November 3.
Join us!**



St. Paul Church
A UNITED METHODIST COMMUNITY

VOLUME 66, ISSUE 11 // NOVEMBER 2019

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STAY CONNECTED!

JOIN THE WEEKLY EMAIL LIST: To receive Pastor Darren's weekly email with an update on what's happening in the life of the church, you can email janet@stpaulchurchky.org, call the church office at 502-459-1595, or subscribe at stpaulchurchky.org.

JOIN THE PRAYER CHAIN: Each week, and as needs arise, we share prayer requests from our congregation and the community. If you would like to receive this email and join this ministry of prayer, email janet@stpaulchurchky.org, call the church office at 502-459-1595, or subscribe at stpaulchurchky.org/prayer-requests/.



Connect with St. Paul Church on **Facebook, Instagram, and Twitter.**



Find updates on upcoming events, and share your pictures and thoughts from your favorite St. Paul Church activities.



BIRTHS

Henry Christopher Irwin - October 7

DEATHS

Doris E. Grosskopf - November 25

Richard Korfhage - October 8

Joan Gorman - October 17

MEMORIALS

In Memory of Patty Garvin

from Larry Garvin

In Memory of Evelyn Matix

from LOA Class

In Memory of Doris Grosskopf

from

LOA Class

Women's Bible Study Group

In Memory of Richard Korfhage

from

Carl and Glenna Heimerdinger

Robert and Nancy Bruce

Ron and Becky Sauer

Eric George

Ray and B.J. Fore

Rod and Carolyn Kincaid

John and Catherine Bryant

John and Angela Gaskins

Helen Dye (Peggy)

Carolyn Joyce

James and Jennifer Arington

Daniel and Barbara Alt

Karen Armstrong

Alice and Crawford Wells

DEADLINE FOR THE NEXT TOWER ISSUE

Monday, November 18, 2019 at 5:00pm

Submit all articles and/or pictures to Sara Ferebee, Communications Director, at sara@stpaulchurchky.org.

THANKS AND PRAISE

JIM MCFARLAND, DIRECTOR OF MUSIC, ORGANIST



It's November. The leaves are finally beginning to turn, the temperature has finally dropped to a comfortable level, and the daylight hours are growing noticeably shorter. Autumn has arrived, and with it a season of remembrance. We remember the saints who have gone before us, and by whose generous gifts we continue their legacy of worship, sharing, caring, communion, and thanksgiving. We give thanks for blessings we have received, and we pause to give thanks for the places and things that make our communal worship so meaningful, such as a beautiful sanctuary and the gorgeous sounds of the tower bells. We also give thanks for the legacy left to us in the form of the gifts we are able to give each year by the presentation of the Boar's Head Festival.

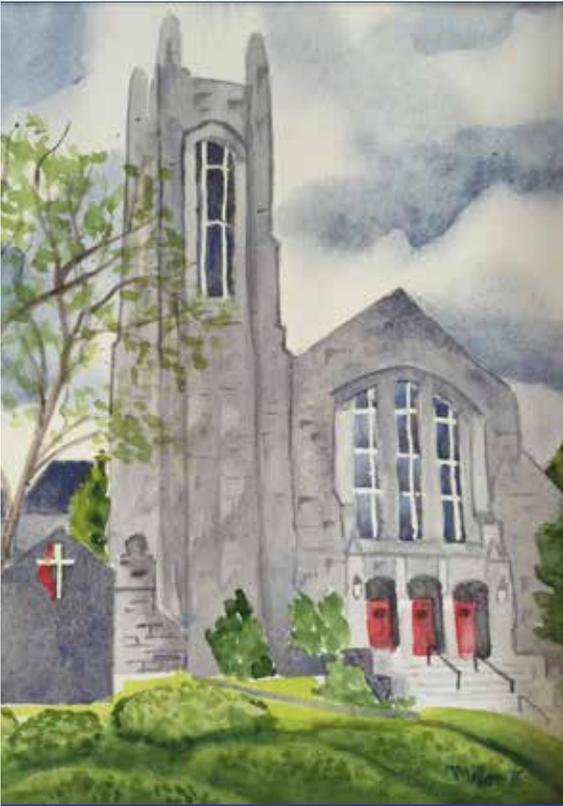
It is easy to call to mind the hymns that so obviously remind us to be thankful, "Now Thank We All Our God" and "Come, Ye Thankful People, Come," but I suggest that just as we are encouraged to have a heart of thankfulness throughout the year, we are aided by the thankfulness found in hymns you might not have considered to be "thanksgiving hymns." Possibly it has gone unnoticed that the opening section of our hymnal is actually titled, "Praise and Thanksgiving," encompassing hymns 57-101. One example is hymn 62, "All Creatures of Our God and King," which admonishes all creation to praise the Creator, and "worship him in humbleness." Likewise, hymn 66, "Praise, My Soul, the King of Heaven," while

an obvious hymn of praise, could just as effectively been titled, "THANK, My Soul, the King of Heaven," for the Lord has "ransomed, healed, restored, forgiven" us with God's grace, and, beholding God face to face, the "saints triumphant, now adoring, gathered in from every race...Praise with us the God of grace." Hymn 92, "For the Beauty of the Earth," is another example of a hymn that is easily recognized as a general hymn of praise, but upon a careful reading, one notices that the refrain declares, "Lord of all, to thee we raise this our hymn of grateful praise."

November often feels like the beginning of a giant slide which spirals out of control until we land with a thud at the start of a new year. The hectic pace, and the busy-ness of our lives from here through the end of the year make it difficult to stop and give thanks to the One who has "ransomed, healed, restored, and forgiven us." Maybe it helps to know that each week as we worship, our hymns, readings, and liturgy are permeated with expressions of thanksgiving where we least expect them. Even in our communion liturgy, we are reminded to lift up our hearts to the Lord for "it is right to give our thanks and praise."

May you be inspired to recognize a heart of thankfulness, and to give thanks in the everyday events of our lives, and in this time of remembrance. Let all our acts of worship leads us to a more profound sense of "Thanks and Praise."





Homecoming Sunday

November 3 at 10:00am

One service in the sanctuary

After service, we'll have a catered meal and folk dancing in the gym.

On this day, we will celebrate All Saints Day and ring the new Tower bells. At the conclusion of the service, we'll stand on the lawn to hear a song played by the new bells.

Attention Bridge Players!

Are you interested in playing bridge at St. Paul? We are putting together a very casual get together of party bridge. Low key. Once we see who is interested, we can decide on a day of the week and a time of the day. We are thinking we can play in the Common Cup.



If you are interested, please contact Sara Tuttle at saratuttle51@gmail.com or 859-321-5762 or Pam Greenwell at Greenwell@derbycitylaw.com or 459-6674.

New Books in the Library

- Glass Houses*, by Louise Penny
- The Summer Guests*, by Mary Alice Monroe
- The Clockmaker's Daughter*, by Kate Morton
- Lost Roses*, by Martha Hall Kelly



Campfire Sing-Along

Wednesday, November 6

7:00-8:00pm

Bring lawn chairs
or blankets.

S'mores will be served!

Invite your friends too!



Join voices around
the 'campfire' for
an old-fashioned
sing-along!

All ages welcome!

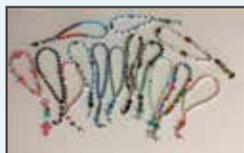
Make Prayer Beads

Our prayer bead ministry will take a break in November to join in the Homecoming celebration. Our next gathering will be:

Sunday, December 1,

1:00-3:00pm, Common Cup

Protestant prayer beads are a beautiful and tangible way to express love. The monthly prayer bead group makes sets for Pastor Darren and others to take on home and hospital visits. They also go to families at the Ronald McDonald House and people on the prayer chain.



Donations of old beads and crosses are always welcome. They can be given new life as prayer beads. No prior experience is necessary. Contact Sally McMahon, sally@igemedia.com, with questions. *Children, with an adult helper, welcome too!*

Guided Meditation

Our Guided Meditation groups meet in the Parlor at 10:30am on Wednesdays.

Beginners are always welcome. Marilyn Stoner facilitates this prayer experience, which includes guided imagery, practice with deep listening, loving-kindness, healing prayer for self and others, relaxation, mindful attention, and silence. Practicing meditation benefits the mind, body, and spirit. Contact Marilyn at marilynstoner@fastmail.fm with questions.



WESLEY NIGHT OFFERINGS

Experiential Spiritual Practices



Wednesdays through December 11
7:00-8:00pm • Room 113



This series of experiential programs will provide sensory and engaging ways of experiencing God and prayer. No experience necessary; no long-term commitment required. You are welcome to join us for any or all of the programs. Our tentative schedule is as follows; programming is subject to change.

Nov. 6: Campfire Sing-along

Nov. 13: Photography

Nov. 20: Music and Movement or Art Project

Nov. 27: No meeting - Thanksgiving Break

Dec. 4: Poetry

Dec. 11: Labyrinths: Walking/Creating

Questions? Email Cullen Hornaday at cullen@stpaulchurchky.org.

Wesley Night Meals

RSVP by Tuesday at Noon by calling the church office.

November 6th - Martini's

November 13th - Eat A Pita

November 20th - Chick-Fil-A

into from STRANGERS NEIGHBORS

Immigrants & Refugees



Wednesdays, November 6-December 11

7:00-8:00pm • McAdams Hall

(no meeting November 27)

November 6:

John Koehlinger, Kentucky Refugee Ministries

November 13:

Leslie Scanlon, the Grannies

November 20:

Kathy Howe-Kerr, Catholic Charities Immigration Services

December 4:

Karina Barillas, La Casita Center

December 11:

Rev. Ron Whitlatch, St. Paul UMC

For questions, call the church office at 459-1595.

The ABCs of Grateful Living: A Practice

Br David Steindhl-Rast, creator of www.gratefulness.org

Take one letter a day during the month of November and meditate on Br. David's word or choose one of your own to practice grateful living everyday.

A - AMAZEMENT

That vibrant sense of wonder that triggers gratefulness.

B - BEAUTY

Not prettiness, but beauty as of a thunderstorm gripping my heart with a sense of mystery.

C - CHERRIES

Shiny red, big, and plump cherries, or even the tiny wild ones, so sweet on my tongue, are for me, as long as I can remember, an image of all that nature's abundance bestows and our heart leaps to receive with gratitude.

D - DEATH

Living and dying belong together. Learning to live is learning to die. By learning to live gratefully, we learn to die peacefully.

E - EARTH

What a gift is this planet of ours! Gary Snyder speaks of it as the Earth Household. Earthworms, sunflowers, humans, lions, supernovas – all members of this household are gifts to one another. Gratitude of each to each – simply for being there – holds everything together.

F - FIREFLIES

Or should I have said Fireworks? I'm thrilled by both. Once on a 4th of July I heard the sound of fireworks and went out to see them. But a hill blocked my view. Instead, I noticed thousands of fireflies in the meadow around me. Aren't surprise and gratitude almost synonyms?

G - GIVING

There are three levels of giving: Giving away makes you free. Giving thanks makes you joyful. Forgiving, the most intense level of giving, makes you fully human.

H - HANDS and HEART

Among all the wonderful things that human hands can do, giving gifts is the noblest activity. But, as an African proverb says: "It is the heart that gives, the hands merely let go."

I - I AM

I have not brought about, or bought, or made myself. From the start I discover myself as a given – one big gift given to myself. What else should I make of my life but one big thanksgiving?

J - JOURNEY

Life is a journey. Grateful living turns life into a pilgrimage. The success of a journey depends on reaching the goal. But on a pilgrimage every step is the goal.

K - KNEELING

Gratitude makes us want to kneel from sheer delight.

L - LEAVE-TAKING

The more we become aware that every moment of life is a leave-taking, the more we learn to appreciate life gratefully.

M - MUSIC and MYSTERY

We cannot grasp music intellectually; yet, we can understand music, if it, in turn, "grabs" us. Likewise the Great Mystery that some call God: We cannot wrap our mind around it, but we can gratefully allow it to embrace us – and thus understand.

N - NOW

The greatest gift of all is the present moment. All spiritual practices lead to living gratefully in the Now.

O - OPPORTUNITY

The gift within every gift is opportunity. We cannot be grateful for everything. But we can be grateful every moment for the opportunities it gives us – if not to enjoy, then to learn, to grow, to serve.

P - POTHOLES

Potholes in the road give us the opportunity to slow down.

Q - QUESTIONS

I'm grateful for questions, especially unanswered ones; they keep me alert.

R - RAIN

Makes plants grow; gratitude makes human relationships grow.

S - SIMPLICITY

Grateful people live simply – so that others may simply live.

T - TRUST

Life inevitably brings anxieties. If we resist anxiety because of fear – a lack of trust – we get stuck. Trust in life lets us move through the narrow passage of anxiety into a new birth.

U - UMBRELLA

Evening rain tapping on my yellow umbrella: The "little" gifts of life, how big they are!

V - VOTING

Yes, I know, voting is made difficult for the poor and the system is riddled with injustice. All the more, I stop and look for the opportunity to promote justice, and go voting.

W - WIKIPEDIA

Sharing all knowledge for free! Do we support this project as it deserves? We can transform giving money as payment into giving money as thanks.

X - Gratitude is an "x"

A multiplication sign: It multiplies our joy as many times as we "stop, look, and go!"

Y - YOU

We can learn to say "you" gratefully. Without you, the very word "I" would make no sense. In a love poem e.e. cummings says: "i am through you so I."

Z - ZAP! You are it!

Now it's your turn to play this ABC Gratefulness Game...

United Methodist Women

St. Paul United Methodist Women were recognized as a MISSION TODAY UNIT, a 10,000 DOORS UNIT, and a SIX STAR GIVING UNIT in 2019 by completing the following criteria:



Made and met our Pledge to Mission.

Used the Prayer Calendar at each meeting to pray for persons in mission and for our mission work with women, children and youth. Corresponded with five missionaries listed in the Prayer Calendar at least twice a year.

Participated in at least one of the United Methodist Women approved mission projects (anything supported by the United Methodist Church and/or the General Board of Global Ministries). We made and donated six school kits for United Methodist Committee on Relief (UMCOR).

Participated in two local mission projects. We helped with The Ark, a ministry with adults with special needs. We share Bible time, music, crafts, dinner, and friendships as we travel together with God.

We also co-sponsored an informative conference on human trafficking on February 16, 2019 at St. Paul. Our report was published in the Mission Heartbeat May 2019 issue. On July 18, 2019 we co-hosted a dinner and paddle boat/kayak/swim party for human trafficking survivors from Esther's House at a UMW member's river-house.

Were a Five Star Unit, contributing to all five channels of Mission Giving. (These are Pledge

to Mission, Special Mission Recognition, Gift to Mission, Gift in Memory and World Thank Offering.)

Contributed beyond Five Star giving by participating in Candle-Burning. We gave in memory of Genny Scheldorf, Jean Bart, Frances Campeau, and Louanne Oliver. Recognized as a Six Star Unit.

Subscribed to the Response magazine and include a Response Moment at each meeting as a way to tell the mission story.

Used at least two programs from the Program Book for United Methodist Women. We used the program for the World Thank Offering, and "Happy Birthday UMW! Women Proclaiming the Mystery of Faith - 150th Anniversary".

Attended the District Annual Meeting.

Joined the UMW Action Network to receive and respond to legislative information.

Remitted the completed criteria report form to the District by August 15.

Conducted one mission study with a minimum of four hours. We studied the Spiritual Growth Mission Study, Embracing Wholeness: An Earth Perspective for Covenantal Living.

Implemented the Charter for Racial Justice Policies in at least two ways during the year. We worked with refugees and immigrants; and held a conference on human trafficking.

Participated in the Campaign for Children in at least two ways. We prepared six school kits for UMCOR; helped with children's activities at KRM's World Refugee Day event; and led a water-carrying activity and provided educational information at the United Nation Association's booth at Earth Day at the Zoo.

Pledged to care for God's creation and become a "Green" Unit.

United Methodist Women



Kathleen Mynhier receiving her award on January 8, 2019

Congratulations!

Kathleen Mynhier and Shirley Grimes were recipients of Special Mission Recognition!

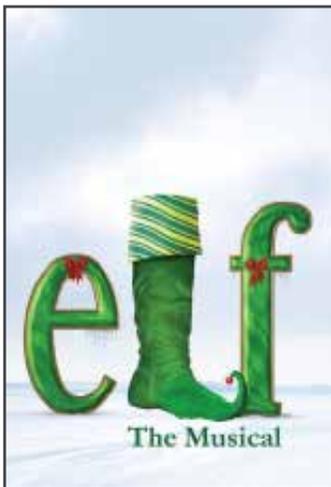
Each received a gold oval lapel pin with a cross, and a certificate! A gift for ministries with women, children and youth was forwarded to the United Methodist Women's National Office.



Shirley Grimes receiving her award on October 8, 2019

News from SPAMS

St. Paul Adult Ministries for Seniors



Hard to believe that Christmas is just around the corner! The SPAMS will kick off the holiday season with their annual trip to Derby Dinner Playhouse on Thursday, November 21st to see the delightful comedy **ELF: The Musical**. Your \$34 ticket includes Derby Dinner's freshly prepared, home-style buffet featuring a full salad bar, a variety of vegetables, fish, fried chicken, turkey, hot rolls, and beverage.

We have reserved 28 tickets for this very popular event and have sold 20 to date. I'm sure these remaining 8 will go quickly so please drop your check off today to reserve your seat.

The church bus will leave promptly at 11:30am so please arrive no later than 11:15am. Doors to the theatre proper open at 11:45am. Management prefers that we enter as a group, so if you are driving, please wait for the folks coming from church so we may enter together. Our tables are 20, 21, 22, 23,

24, 26 and 27. Table 25 is reserved for a season ticket holder.

The SPAMS take a break in December but kick off the new year with service projects in January and February. If you want to be part of this active group, please fill out your Ways to Serve 2020 Ministry Teams brochure and commit to being a part of the St. Paul Adult Ministries for Seniors (SPAMS) team.

Be a Part of the Boar's Head 40th Anniversary Event

This year marks the 40th Anniversary of the St. Paul UMC Boar's Head and Yule Log Festival, an event that brings more than 2,000 people to our church each year to share in a unique depiction of the gift of Christ to the world.

The performance was created by a core group of visionary staff and volunteers, including Harry Campbell, church member and professional stage manager, Michael Beattie, St. Paul Director of Music Ministries, and Rhoda Peters, St. Paul Director of



Programs. Many church members have volunteered on stage and behind the scenes over the years, as the Festival has grown.

Our church's youth and children drive the Boar's Head Festival each year. Approximately 75 of them volunteer in various roles and have a wonderful time of intense fellowship in rehearsals and shows. Several adults have stories of when they first participated as a child.

As the Boar's Head Festival is not a part of the regular church budget, each year we seek to raise necessary funds to present this gift to our community. The Festival depends solely upon volunteer time and generous financial donations from St. Paul church members. During this anniversary year, our goal is to cover the cost of the event (about \$20,000), and designate extra

funds to the continuation of the Festival and other musical endeavors in the years to come.

St. Paul UMC has a rich tradition of the arts in ministry. Praising

God through music and drama is a beautiful way to worship and to be blessed. We know there are many people who leave the Festival feeling the beauty and love that Jesus brought to all, from peasants to kings.

There are a couple ways to financially support the Festival: make a donation and attend the dinner. The ticket revenue supports the Festival. Please consider a generous donation today. You may give by check, clearly designating it for Boar's Head, or you may give online through the church website: www.stpaulchurchky.org. Under the "Music" link, go to "Boar's Head and Yule Log Festival," then select "Patrons."

Donation levels:

Sprites (up to \$99)
Shepherds (\$100-\$249)
Saints (\$250-\$499)
Angels (\$500 - \$749)
Kings (\$750 - \$999)
Stars of Wonder (\$1000 and up)



November Star Thoughts

What is your star word and how have you been intentional about your response to this gift?

Didn't receive a star word? Pick one up at the Information Center!

November 2019

HEALTH & WELLNESS

Line Dancing

Mondays at 12:00pm, Gym

Yoga

Mondays & Wednesdays at 5:30pm, Youth Center
Tuesdays & Thursdays at 9:00am, Youth Center

Guided Meditation

Wednesdays, 10:30am, Parlor (219)

SUPPORT GROUPS

AA Groups

Mondays at 6:00pm and 7:30pm, Tuesdays at 8:00pm
Saturdays at 10:00am & 8:00pm, Sundays at 8:00pm

Depression Bipolar Support Alliance

Tuesdays & Thursdays at 7:30pm

OUTREACH

Resource Center

Wednesdays, 10:00am-12:00pm, Room 100

FELLOWSHIP & CLASSES

Kaleidoscope

Tuesday, November 5, 7:00pm, Off-site

United Methodist Women

Tuesday, November 12, 10:00am, Room 113

Disciple Bible Study

Sundays, 5:00pm, Room 319

Faith Quilters

Tuesday, November 19, 10:00am, Room 100

The Ark

Tuesday, November 26, 6:00pm, Youth Center

Women's Discernment Group

Thursdays, 10:00am, Parlor (219)

SPAMS

"Elf: The Musical" - Derby Dinner Playhouse

Thursday, November 21, 11:15am (bus leaves at 11:30am)

Scouts

Boy Scouts, Tuesdays, 8:00pm, Gym

Outing, November 15-16,

Cub Scouts, First and Third Thursday, 6:00pm, Room 100

Girl Scouts, Second and Fourth Thursday, 6:00pm,

Common Cup

Lock-in, November 8, 6:00pm, Youth Center and

Common Cup

MUSIC

Chancel Choir

Thursdays, 7:15pm, Choir Room

Bells of St. Paul

Wednesdays at 8:00pm, Room 303

WESLEY NIGHTS

Dinner: 6:00-7:00pm, McAdams Hall

Children's Choirs:

Musical Milestones (age 3-K), 6:00-6:30pm, Room 302

Joyful Song Choir (Grades 1-3), 7:00-8:00pm, Room 306

Wesleyan Choir (Grades 4-6), 7:00-8:00pm, Room 302

Programs:

- From Strangers Into Neighbors, 7:00pm, McAdams Hall
- Experiential Spiritual Practices, 7:00pm, Various spaces; meet in room 113

CHILDREN & YOUTH

Youth Group

Sundays, 6:00pm, Youth Center

KICS

Sunday, November 17, 5:00pm, Room 100

Tweens

Sunday, November 10, 5:00pm, Room 310

SPECIAL EVENTS

Homecoming Sunday

November 3, 10:00am, Sanctuary, McAdams Hall, Gym

Campfire Sing-along

November 6, 7:00-8:00pm, Church Lawn

ADMINISTRATIVE

Personnel Team Meeting

November 5, 6:00pm, Room 319

Resilience Team Meeting

November 17, 12:00pm, Parlor

Ministry Team Meeting

November 19, 6:30pm, Room 319

ST. PAUL UNITED METHODIST CHURCH
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THE TOWER

ST. PAUL UNITED METHODIST CHURCH



The white, English serving girls, sang and danced. They are among the many church members involved with producing and performing the pageant.

The 40th Annual Boar's Head and Yule Log Festival is just around the corner (see page 10)

